

RETAIL MARKET AT A GLANCE

Summary

Rice/ Paddy

Prices of local rice varieties decline Rs.1.00-3.00/kg and price of raw white has increased. The average prices of samba I, nadu I, raw red, raw white, and keeri samba were Rs.243.00/kg, Rs.226.00/kg, Rs.203.00/kg, Rs.210.00/kg and Rs.280.00/kg, respectively. Farmgate prices of short-grain and long-grain white paddy declined in several major producing areas, while keeri samba prices increased in Anuradhapura and Polonnaruwa. Year-on-year, prices of all major paddy varieties remained lower, with declines ranging from 4% to 15% across major producing areas.

(Page No.01)

Other Field Crops

The price of imported dried chillies increased by Rs.4.00/kg, and the average price was Rs.1,375.00/kg. The price of imported big onions increased by Rs.16.00/kg, and the average price was Rs.315.00/kg. The price of local red onions increased by Rs.146.00/kg, and the average price was Rs.600.00/kg. The price of Nuwara Eliya and imported potatoes increased and average prices were Rs.429.00/kg and Rs.233.00/kg, respectively.

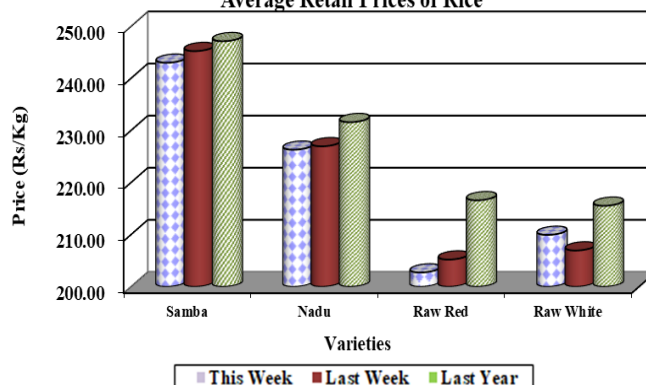
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Vegetables

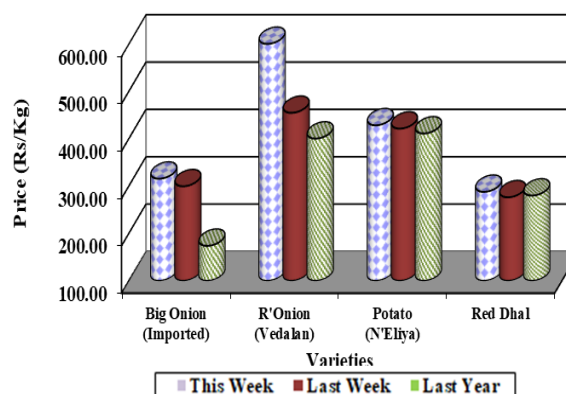
Prices of most vegetable varieties increased. Among up-country vegetables, the highest price increase was recorded for cabbage (Rs.91.00/kg), followed by beetroot (Rs.60.00/kg) and tomato (Rs.30.00/kg), while the price of beans declined by Rs.42.00/kg. Among low-country vegetables, brinjal recorded the highest price increase of Rs.60.00/kg, followed by long beans at Rs.49.00/kg. Vegetable prices are expected to increase further in the coming weeks, subject to prevailing supply and weather conditions.

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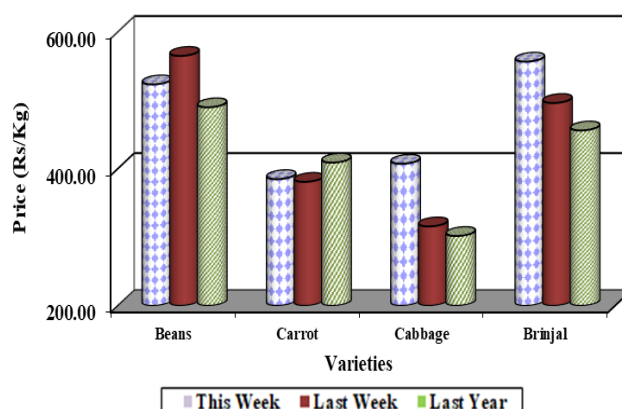
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

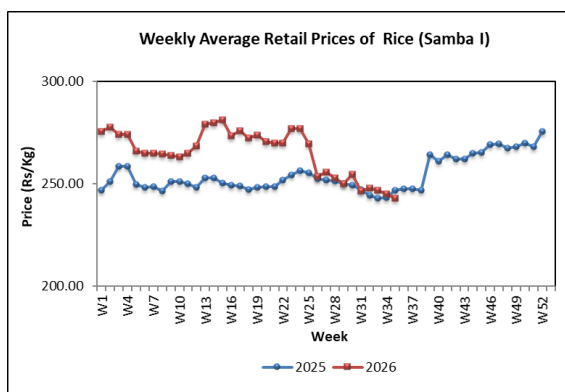
Price of nadu grade I has decreased by 2% and price ranged Rs.190.00-200.00/kg.

Price of all other local rice varieties have not changed significantly and price ranged of Rs.220.00-225.00/kg for ponni samba

Compared to same period of last year, the highest price decreased of 14% was recorded for raw-red.

Retail

Prices of local raw white and imported samba have increased while the prices of local samba, local keeri samba, local nadu and local raw red have decreased. The highest price decrease of Rs.3.00/kg was recorded for local keeri samba and the highest price increase of Rs.3.00/kg was recorded for local raw white.



Compared to the same period of the last year, the highest price decrease of 6% was recorded for local raw red.

Paddy

Farmgate prices for major paddy varieties reflected mixed market trends across the main growing regions.

Short-grain paddy prices trended downward dropping most sharply in Ampara by Rs.9.00/kg. Overall, short-grain paddy traded between Rs.105.00/kg and Rs.118.00/kg throughout these producing areas. Average farmgate price for keeri samba paddy gained ground in several key areas, led by notable upward shifts in Anuradhapura and Polonnaruwa of Rs.7.00/kg and Rs.6.50/kg respectively.

For long-grain white paddy, market prices contracted in most regions falling in Anuradhapura Rs.7.00/kg. Actual selling rates in these areas fluctuated between Rs.94.00/kg and Rs.105.00/kg. Long-grain red paddy experienced a slight price rise of Rs.1.00/kg in Embilipitiya, with transactions occurring within the Rs.98.00/kg to Rs.100.00/kg range.

On a year-over-year basis, farmgate prices for all major paddy types remained significantly lower across all reported producing regions. Specifically, short-grain paddy by 11%- 15%, keeri samba by 4%-14%, long-grain white paddy by 10%-14%, and long-grain red paddy decreased by 10%.

Dried Chilies

Wholesale

Price of imported dried chilies has not changed and price ranged Rs.1050.00-1200.00/kg.

Compared to same period of last year, price of imported dried chilies has increased by 79%.

Retail

Price of imported dried chilies has increased by Rs.4.00/kg and price ranged Rs.1200.00-1500.00/kg.

Compared to the same period of the last year, current retail price of imported dried chilies has increased by 62%.

Onion

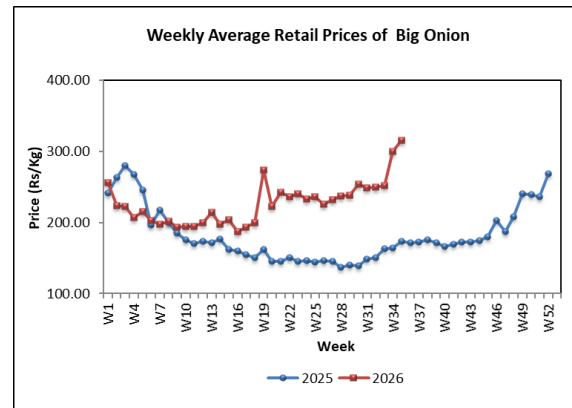
Wholesale

Price of vedalan red onion has increased by 4% and price ranged Rs.250.00-330.00/kg. Price of imported big onion has decreased by 4% and price ranged Rs.250.00-280.00/kg.

Compared to same period of last year, price of big onion has increased by 138%.

Retail

Prices of local red onions and imported big onions have increased by Rs.146.00/kg and Rs.16.00/kg.



Compared to the same period of the last year, the price increase of 50% was recorded for local red onions and the highest price increase of 82% was recorded for imported big onions.

Potato

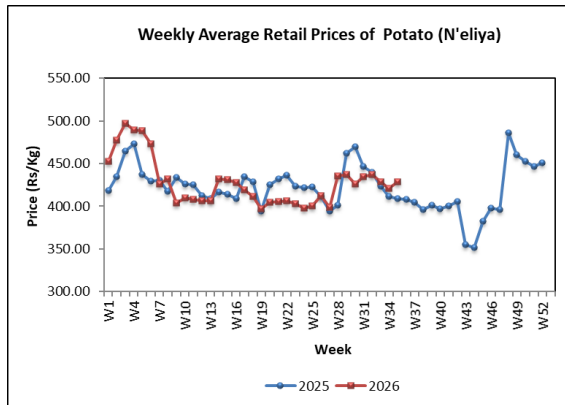
Wholesale

Price of Nuwara Eliya has increased by 13% and price ranged Rs.280.00-380.00/kg. Price of imported potato has decreased by 2% and price ranged Rs.180.00-220.00/kg.

Compared to same period of last year, Nuwara Eliya potato has increased by 28% and imported potato has also increased by 11%.

Retail

The prices of Nuwara Eliya potatoes and imported potatoes have increased by Rs.8.00/kg and Rs.2.00/kg.



Compared to the same period of the last year, highest price increase of 4% was recorded for Nuwara Eliya potatoes.

Pulses

Wholesale

Price of white cowpea and red dhal have increased by 2% and price ranged Rs.700.00-750.00/kg and Rs.230.00-245.00/kg respectively. Price of green gram and red cowpea have not changed significantly.

Compared to same period of last year, the highest price decreased of 36% recorded for red cowpea.

Retail

Prices white cowpea, red cowpea and red dhal has increased by Rs.12.00/kg, Rs.16.00/kg and Rs.12.00/kg while the price of green gram has decreased by Rs.12.00/kg.

Compared to the same period of the last year, highest price increase of 3% was recorded for red dhal and highest price decreased of 15% was recorded for white cowpea.

Vegetables

Wholesale

Price of most of the upcountry and low vegetable has increased, with decreased supply from most of producing areas, like as Nuwara Eliya, Welimada, Kandy, Anuradhapura and Embilipitiya.

Among the upcountry vegetable varieties, the highest price increase of 25% reported for beetroot, with decreased supply from Puttalam and Nuwara Eliya. Prices of cabbage have also increased by 13%, due to decreased supply from Nuwara Eliya and Puttalam. Prices of carrot have increased by 11%, with decreased supply from Nuwara Eliya. However, the price of beans has decreased by 6%, with increased supply from Balangoda and Welimada.

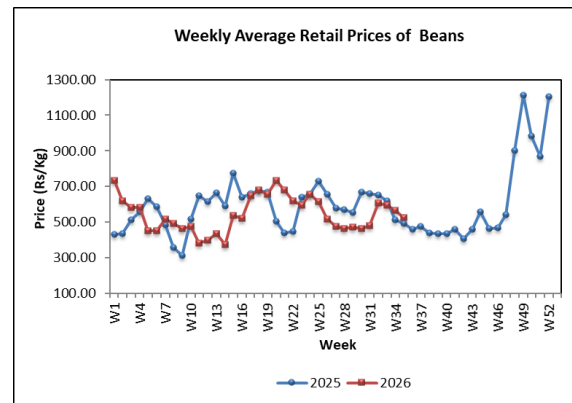
Considering the low-country vegetables, the highest price increase was reported for long beans as 48%, due to decreased supply from Embilipitiya Puththalam and Balangoda. In addition, prices of luffa have also increased by 17%, with decreased supply from Puttalam, Dambulla and Beruwela. While the price of brinjals has increased by 13%, with decreased supply from Anuradhapura, Embilipitiya, Puttalam, Jaffna and Welimada. However, the prices of snake gourd have decreased by 30%, with increased supply from Embilipitiya, Puttalam, Tissamaharama and Hanwellla. Prices of lime have increased by 11%, due to decrease supply from Monaragala and Embilipitiya.

Compared to the same period of last year, the prices of most of the vegetables have increased, with the highest price increase of 277% reported for pumpkin.

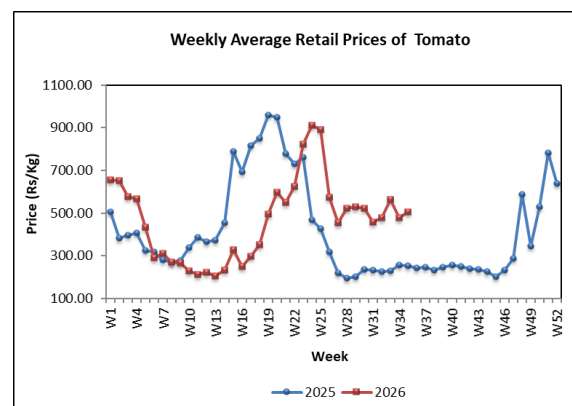
Retail

Prices of most of vegetable varieties have increased. Considering the up-country vegetables, the highest price increase was reported for cabbage by Rs.91.00/kg. Prices of beetroot and tomato have also increased by Rs.60.00/kg and Rs.30.00/kg respectively. However, the

price of beans has decreased by Rs.42.00/kg.



Considering the low country vegetable varieties, the highest price increase was reported for brinjal by Rs.60.00/kg and price of long beans has increased by Rs.49.00/kg. Price of lime has increased by Rs.81.00/kg.



Compared to the same period of last year, prices of most of vegetable varieties have increased with a highest price increase of 101% reported for tomato.

Coconut
Wholesale

Prices of both large and small coconut have not changed significantly. Price ranges were Rs.160.00-170.00 for a large nut and Rs.140.00-150.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of both large and small nuts have decreased by 10% and 8% respectively.

Retail

There has been no significant change in the prices of large and small nuts. Prices ranged Rs.170.00-190.00 for a large nut and Rs.150.00-160.00 for a small nut.

Compared to the same period of last year, the current retail prices of both large and small nuts have decreased by 14% and 18% respectively.

Fruits
Wholesale

Prices of most of the fruit varieties have increased due to low supply. The highest price increase of 23% was reported for slime apple. Prices of orange(local) and avocado have increased by 15% and 14% respectively due to low supply from harvesting areas.

However, price of vilad mango has decreased by 26% due to high supply.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase of 89% was recorded for ambul banana and seeni banana.

Retail

In line with the increased wholesale prices, retail prices of most of the fruits have also increased. The highest price increase of Rs.70.00/kg was reported for pineapple. Price of ambul banana, kolikuttu banana and slime apple have increased by Rs. 45.00/kg, Rs.35.00/kg and Rs. 32.00/kg respectively. Prices of seeni banana, papaw and king coconut increased by Rs.23.00/kg, Rs.13.00/kg and Rs.7.00/nut. However, the price of imported grapes has decreased by Rs.321.00/kg.

Compared to the same period of last year, current prices of most of the fruits have increased and highest price increase was reported for ambul banana 82%.

Fresh Fish

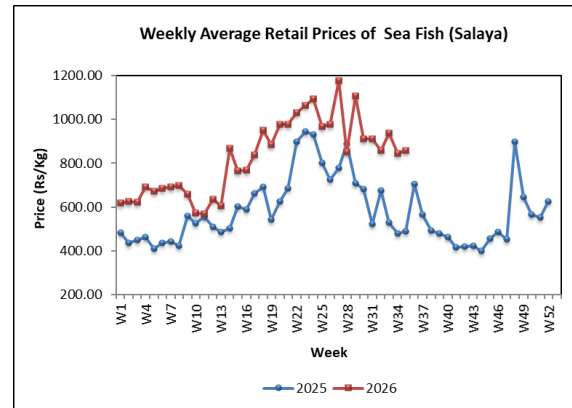
Wholesale

The prices of most fresh fish types have increased in the range of 1% to 50%. The highest price increase was noted for mora as 50% and its price ranged Rs.1800.00-2400.00/kg. The second highest price increase was noted for thora as 21% and its price ranged Rs.3800.00-4200.00/kg. The highest price decrease was noted for hurulla as 23% and its price ranged Rs.800.00-1000.00/kg.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have increased and the highest price increase was noted for mora.

Retail

Retail prices for many fish species have risen compared to the previous week. The highest price increase was recorded for thora with a rise of Rs.110.00/kg. Prices for kelawalla and prawns increased by Rs.35.00 and Rs.19.00/kg, respectively. Conversely, a decrease in the maximum price was recorded for paraw and hurulla with prices settling at Rs.589.00 and Rs.264.00/kg respectively.



Compared to the same period last year, prices of many fish species have increased by 5% to 74%. The highest price increase was recorded for salaya at 74%.

Dried Fish

Wholesale

Prices of some local and imported dried fish types have decreased in the range of 1%-13%. The highest price decrease of 13% was noted for local maduwa and its price ranged Rs.1200.00-1700.00/kg. The second highest price decrease of 11% was noted for imported balaya and its price ranged Rs.1700.00-1800.00/kg. Price of imported mora has increased by 33% and its price ranged Rs.2400.00-2700.00/kg.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have increased and the highest price increase was noted for local anguluwa.

Retail

Prices for all varieties of dried fish have declined. A drop in the maximum price was recorded for thora, falling by Rs.433.00/kg. Prices for katta and Anguluwa varieties also decreased by Rs.193.00 and Rs.163.00/kg respectively. However, when compared to the same period last year, the prices of most dried fish varieties have risen by a 11% to 82%. The highest price increase was recorded for local sprats.

Eggs

Wholesale

The prices of brown and white eggs have decreased in the range of 6%-7%. Price range of a brown egg was Rs.37.00-39.00 and the price range of a white egg was Rs.35.00-37.00.

Compared to the same period of last year, current wholesale prices of brown and white eggs have increased by 17% and 27% respectively.

Retail

Egg prices have decreased compared to the previous week, a drop of Rs.2.00 was recorded for both white and red eggs. The

price range was Rs.38.00-45.00 for brown eggs and Rs.36.00-44.00 for white eggs.

Compared to the same period last year, the price of brown eggs has risen by 22%, and the retail price of white eggs has increased by 29%.

Meat

Retail

While prices for most meat varieties have fluctuated, the price of pork remained unchanged; a decrease in the maximum price was recorded for mutton, amounting to Rs.83.00/kg. An increase of Rs.39.00/kg was recorded for broiler chicken. A price decrease of Rs.71.00/kg was reported for curry chicken, while an increase of Rs. 3.00/kg was recorded for beef.

Compared to the same period last year, prices for all types of meat increased, ranging between 5% and 14%. The highest price increase 17% was recorded for mutton and beef.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/kg)**Week 35: 28 Aug - 03 Sep 2026**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	225.00 –	230.00	220.00 –	222.00	250.00 –	300.00	190.00 –	200.00	185.00 –	192.00	160.00 –	170.00	175.00 –	185.00
	Divulapitiya	282.00 –	285.00	220.00 –	238.00	250.00 –	305.00	226.00 –	228.00	180.00 –	197.00	170.00 –	180.00	165.00 –	185.00
	Kurunegala	–		–		–		–		–		–		–	
	Nikaweratiya	280.00 –	285.00	235.00 –	240.00	370.00 –	375.00	224.00 –	230.00	175.00 –	180.00	–		165.00 –	170.00
	Badulla	235.00 –	240.00	–		320.00 –	335.00	220.00 –	225.00	–		167.00 –	180.00	170.00 –	180.00
	Puttalam	280.00 –	285.00	240.00 –	245.00	375.00 –	378.00	225.00 –	228.00	198.00 –	205.00	205.00 –	210.00	190.00 –	195.00
	Dambulla	260.00 –	265.00	230.00 –	235.00	–		225.00 –	226.00	190.00 –	195.00	188.00 –	195.00	190.00 –	195.00
	Anuradhapura	270.00 –	270.00	230.00 –	235.00	370.00 –	370.00	223.00 –	228.00	190.00 –	195.00	210.00 –	210.00	185.00 –	190.00
	Tambuttegama	280.00 –	285.00	228.00 –	235.00	375.00 –	380.00	228.00 –	230.00	186.00 –	190.00	210.00 –	210.00	177.00 –	182.00
	Polonnaruwa	–		–		–		218.00 –	220.00	–		190.00 –	190.00	200.00 –	200.00
	Kalutara	–		232.00 –	235.00	–		226.00 –	228.00	195.00 –	200.00	165.00 –	190.00	180.00 –	200.00
	Ampara	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	197.00 –	198.00	170.00 –	180.00	172.00 –	185.00
	Kandy	260.00 –	265.00	230.00 –	232.00	320.00 –	325.00	218.00 –	220.00	194.00 –	200.00	170.00 –	180.00	185.00 –	195.00
	Moneragala	–		225.00 –	230.00	350.00 –	360.00	215.00 –	215.00	210.00 –	210.00	160.00 –	165.00	170.00 –	175.00
	Kegalle	–		235.00 –	236.00	–		222.00 –	225.00	200.00 –	210.00	185.00 –	190.00	180.00 –	190.00
	Dehiattakandiya	260.00 –	280.00	235.00 –	235.00	255.00 –	370.00	220.00 –	225.00	195.00 –	195.00	200.00 –	200.00	165.00 –	200.00
	Hambantota	–		–		–		–		–		–		–	
	Matara	–		–		–		–		–		–		–	
	Galle	–		–		–		–		–		–		–	
	Meegoda	–		228.00 –	230.00	250.00 –	254.00	195.00 –	198.00	185.00 –	188.00	160.00 –	168.00	173.00 –	178.00
	Tissamaharama	–		–		–		229.00 –	229.00	–		156.00 –	157.00	190.00 –	192.00
	Embilipitiya	–		235.00 –	236.00	350.00 –	355.00	220.00 –	224.00	180.00 –	185.00	152.00 –	155.00	172.00 –	174.00
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	–		245.00 –	248.00	–		210.00 –	214.00	–		174.00 –	178.00	200.00 –	205.00
	Mannar	–		240.00 –	245.00	330.00 –	335.00	220.00 –	220.00	203.00 –	203.00	175.00 –	185.00	185.00 –	192.00
	Killinochchi	–		–		–		–		–		–		–	
	Mullattivu	–		240.00 –	246.00	–		220.00 –	226.00	205.00 –	210.00	170.00 –	176.00	195.00 –	200.00
	Batticaloa	–		228.00 –	235.00	290.00 –	310.00	192.00 –	200.00	–		180.00 –	185.00	182.00 –	185.00
	Trincomalee	–		–		–		–		–		–		–	
	Galenbindunuwew	280.00 –	280.00	235.00 –	235.00	260.00 –	270.00	225.00 –	225.00	195.00 –	200.00	200.00 –	210.00	180.00 –	190.00
Matale	–		230.00 –	235.00	255.00 –	258.00	215.00 –	222.00	195.00 –	205.00	175.00 –	190.00	195.00 –	202.00	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

10

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	240.00	260.00	-		260.00	360.00	220.00	230.00	-		180.00	220.00	200.00	220.00
Gampaha	-		237.00	240.00	-		230.00	230.00	197.00	210.00	180.00	200.00	185.00	205.00
Kurunegala	-		-		-		-		-		-		-	
Nikaweratiya	290.00	295.00	240.00	245.00	385.00	390.00	230.00	235.00	180.00	185.00	-		175.00	180.00
Dambulla	270.00	275.00	240.00	245.00	260.00	270.00	228.00	230.00	205.00	210.00	200.00	210.00	195.00	210.00
Anuradhapura	280.00	280.00	240.00	240.00	380.00	380.00	225.00	230.00	210.00	215.00	220.00	220.00	190.00	210.00
Thambuththegama	290.00	295.00	245.00	255.00	385.00	400.00	230.00	235.00	195.00	210.00	215.00	220.00	190.00	205.00
Polonnaruwa	-		235.00	240.00	-		230.00	230.00	185.00	204.00	218.00	220.00	220.00	220.00
Kaluthara	270.00	280.00	240.00	260.00	340.00	390.00	230.00	230.00	200.00	210.00	170.00	195.00	185.00	220.00
Badulla	-		260.00	260.00	375.00	380.00	225.00	230.00	-		180.00	200.00	190.00	200.00
Keppetipola	-		240.00	245.00	350.00	355.00	227.00	230.00	207.00	210.00	175.00	177.00	195.00	200.00
Moneragala	-		230.00	240.00	360.00	370.00	-		220.00	220.00	170.00	180.00	180.00	190.00
Kegalle	265.00	270.00	240.00	240.00	-		230.00	230.00	215.00	220.00	215.00	220.00	215.00	220.00
Ampara	-		240.00	240.00	260.00	260.00	230.00	230.00	198.00	205.00	175.00	195.00	175.00	220.00
Dehiattakandiya	270.00	290.00	240.00	240.00	260.00	380.00	225.00	230.00	200.00	200.00	210.00	220.00	170.00	220.00
Nuwaraeliya	-		240.00	250.00	350.00	360.00	228.00	230.00	206.00	210.00	176.00	180.00	196.00	200.00
Kandy	270.00	275.00	240.00	245.00	350.00	360.00	225.00	230.00	210.00	220.00	200.00	210.00	200.00	220.00
Puttalam	285.00	295.00	250.00	260.00	380.00	390.00	230.00	230.00	210.00	220.00	220.00	220.00	195.00	210.00
Hambantota	-		-		-		-		-		-		-	
Rathnapura	295.00	300.00	-		380.00	390.00	230.00	235.00	196.00	205.00	165.00	174.00	184.00	190.00
Matara	-		-		-		-		-		-		-	
Galle	-		-		-		-		-		-		-	
Tissamaharama	-		-		-		230.00	230.00	-		160.00	165.00	195.00	200.00
Meegoda (DEC)	-		240.00	240.00	-		220.00	230.00	200.00	220.00	180.00	190.00	190.00	210.00
Embilipitiya	255.00	260.00	238.00	240.00	350.00	360.00	228.00	230.00	200.00	210.00	155.00	160.00	190.00	208.00
Jaffna	-		-		-		-		-		-		-	
Vavuniya	-		250.00	260.00	-		215.00	220.00	-		180.00	190.00	205.00	210.00
Mannar	-		248.00	255.00	355.00	360.00	230.00	235.00	-		190.00	197.00	210.00	220.00
Killinochchi	-		-		-		-		-		-		-	
Mullaittivu	-		245.00	250.00	-		225.00	230.00	210.00	215.00	175.00	180.00	200.00	205.00
Batticaloa	-		240.00	248.00	320.00	340.00	-		205.00	210.00	190.00	196.00	190.00	198.00
Trincomalee	-		-		-		-		-		-		-	
Hanguranketha	-		240.00	240.00	260.00	260.00	225.00	230.00	215.00	220.00	180.00	188.00	182.00	215.00
Veyangoda	-		236.00	240.00	-		230.00	230.00	195.00	205.00	185.00	200.00	185.00	205.00
Galenbindunuwewa	285.00	285.00	240.00	240.00	260.00	360.00	230.00	230.00	210.00	210.00	220.00	220.00	190.00	200.00
Bandarawela	-		-		360.00	365.00	230.00	230.00	215.00	216.00	175.00	180.00	185.00	190.00
Matale	270.00	280.00	238.00	240.00	260.00	260.00	225.00	230.00	208.00	215.00	195.00	210.00	200.00	210.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1050.00 - 1200.00	-	250.00 - 330.00	250.00 - 280.00	180.00 - 220.00	-	280.00 - 380.00	700.00 - 750.00	650.00 - 700.00	230.00 - 245.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	1100.00 - 1120.00	300.00 - 330.00	-	270.00 - 285.00	200.00 - 210.00	-	-	710.00 - 740.00	-	230.00 - 235.00
Dehiattakandiya	1050.00 - 1150.00	-	340.00 - 400.00	270.00 - 280.00	200.00 - 240.00	-	350.00 - 370.00	600.00 - 750.00	650.00 - 750.00	230.00 - 252.00
Dambulla (DEC)	1070.00 - 1090.00	-	240.00 - 260.00	260.00 - 280.00	-	270.00 - 280.00	280.00 - 320.00	550.00 - 650.00	480.00 - 550.00	230.00 - 235.00
Anuradhapura	1150.00 - 1180.00	270.00 - 280.00	360.00 - 400.00	280.00 - 285.00	180.00 - 190.00	-	-	860.00 - 880.00	760.00 - 800.00	245.00 - 250.00
Thambuththegama	1100.00 - 1100.00	280.00 - 315.00	-	240.00 - 290.00	170.00 - 210.00	-	-	550.00 - 600.00	600.00 - 750.00	230.00 - 234.00
Polonnaruwa	1000.00 - 1100.00	330.00 - 380.00	-	290.00 - 330.00	250.00 - 255.00	-	-	973.00 - 995.00	780.00 - 845.00	240.00 - 255.00
Kaluthara	1080.00 - 1180.00	-	290.00 - 300.00	270.00 - 280.00	220.00 - 230.00	-	-	750.00 - 780.00	680.00 - 750.00	235.00 - 245.00
Puttalam	1150.00 - 1180.00	-	180.00 - 300.00	295.00 - 310.00	190.00 - 200.00	-	-	780.00 - 820.00	860.00 - 900.00	235.00 - 240.00
Kandy	1100.00 - 1150.00	-	300.00 - 320.00	265.00 - 285.00	175.00 - 210.00	-	300.00 - 340.00	700.00 - 750.00	600.00 - 700.00	238.00 - 240.00
Matara	-	-	-	-	-	-	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	1140.00 - 1150.00	270.00 - 280.00	-	280.00 - 290.00	210.00 - 215.00	-	-	740.00 - 750.00	720.00 - 730.00	230.00 - 240.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	1050.00 - 1075.00	340.00 - 350.00	-	250.00 - 260.00	210.00 - 220.00	-	300.00 - 310.00	700.00 - 750.00	-	235.00 - 240.00
Meegoda (DEC)	1080.00 - 1100.00	275.00 - 285.00	290.00 - 300.00	250.00 - 275.00	170.00 - 185.00	285.00 - 320.00	320.00 - 360.00	740.00 - 780.00	730.00 - 750.00	-
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	1180.00 - 1190.00	-	220.00 - 240.00	300.00 - 315.00	200.00 - 220.00	-	-	670.00 - 700.00	-	245.00 - 255.00
Mannar	1057.00 - 1080.00	285.00 - 310.00	-	260.00 - 275.00	180.00 - 185.00	-	-	800.00 - 850.00	-	230.00 - 235.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	1160.00 - 1200.00	-	-	320.00 - 340.00	210.00 - 230.00	-	-	730.00 - 780.00	-	250.00 - 255.00
Batticaloa	1100.00 - 1250.00	-	240.00 - 260.00	250.00 - 275.00	180.00 - 195.00	-	320.00 - 340.00	700.00 - 750.00	-	230.00 - 245.00
Trincomalee	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	1100.00 - 1150.00	350.00 - 350.00	300.00 - 300.00	275.00 - 290.00	180.00 - 200.00	-	-	700.00 - 750.00	750.00 - 780.00	233.00 - 240.00
Matale	1150.00 - 1180.00	-	280.00 - 340.00	250.00 - 270.00	200.00 - 230.00	-	-	680.00 - 750.00	680.00 - 750.00	235.00 - 242.00

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

12

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1200.00 – 1500.00	–	350.00 – 600.00	280.00 – 360.00	200.00 – 280.00	–	360.00 – 480.00	800.00 – 1200.00	800.00 – 1200.00	250.00 – 320.00
Gampaha	1200.00 – 1350.00	–	320.00 – 360.00	300.00 – 320.00	250.00 – 280.00	–	400.00 – 460.00	830.00 – 950.00	820.00 – 1060.00	250.00 – 280.00
Kurunegala	–	–	–	–	–	–	–	–	–	–
Nikaweratiya	1100.00 – 1200.00	340.00 – 360.00	–	285.00 – 300.00	210.00 – 220.00	–	–	920.00 – 950.00	–	240.00 – 250.00
Dambulla	1200.00 – 1280.00	–	340.00 – 380.00	300.00 – 340.00	220.00 – 240.00	–	380.00 – 420.00	800.00 – 860.00	780.00 – 800.00	250.00 – 260.00
Anuradhapura	1200.00 – 1250.00	300.00 – 320.00	400.00 – 440.00	300.00 – 320.00	200.00 – 220.00	–	–	900.00 – 950.00	800.00 – 850.00	260.00 – 275.00
Thambuththegama	1300.00 – 1400.00	350.00 – 440.00	–	280.00 – 350.00	200.00 – 250.00	–	–	750.00 – 850.00	750.00 – 900.00	240.00 – 250.00
Polonnaruwa	1150.00 – 1250.00	340.00 – 400.00	–	280.00 – 360.00	260.00 – 280.00	–	–	990.00 – 1100.00	800.00 – 860.00	250.00 – 260.00
Kaluthara	1200.00 – 1280.00	–	400.00 – 480.00	300.00 – 340.00	240.00 – 300.00	–	440.00 – 460.00	800.00 – 880.00	760.00 – 800.00	240.00 – 250.00
Badulla	1350.00 – 1400.00	–	400.00 – 480.00	320.00 – 340.00	240.00 – 260.00	390.00 – 440.00	–	800.00 – 900.00	700.00 – 750.00	280.00 – 320.00
Keppetipola	1300.00 – 1350.00	320.00 – 330.00	330.00 – 350.00	300.00 – 320.00	200.00 – 220.00	350.00 – 360.00	–	870.00 – 900.00	850.00 – 860.00	240.00 – 250.00
Moneragala	1150.00 – 1300.00	–	360.00 – 400.00	320.00 – 340.00	200.00 – 240.00	–	360.00 – 400.00	800.00 – 900.00	600.00 – 700.00	260.00 – 280.00
Kegalle	1200.00 – 1240.00	340.00 – 360.00	–	320.00 – 340.00	240.00 – 260.00	–	400.00 – 420.00	880.00 – 900.00	780.00 – 800.00	280.00 – 300.00
Ampara	1200.00 – 1250.00	360.00 – 400.00	–	300.00 – 340.00	210.00 – 260.00	–	370.00 – 400.00	800.00 – 900.00	700.00 – 850.00	242.00 – 245.00
Dehiattakandiya	1100.00 – 1200.00	–	360.00 – 480.00	280.00 – 300.00	220.00 – 260.00	–	400.00 – 400.00	700.00 – 800.00	720.00 – 850.00	240.00 – 260.00
Nuwaraeliya	1340.00 – 1380.00	340.00 – 350.00	350.00 – 360.00	300.00 – 320.00	240.00 – 260.00	–	360.00 – 380.00	890.00 – 900.00	840.00 – 865.00	245.00 – 260.00
Kandy	1280.00 – 1300.00	–	400.00 – 420.00	300.00 – 320.00	210.00 – 240.00	–	390.00 – 400.00	840.00 – 900.00	840.00 – 900.00	270.00 – 280.00
Puttalam	1260.00 – 1300.00	440.00 – 480.00	400.00 – 480.00	340.00 – 360.00	230.00 – 250.00	–	–	820.00 – 860.00	950.00 – 980.00	250.00 – 280.00
Rathnapura	1240.00 – 1300.00	–	330.00 – 380.00	300.00 – 320.00	245.00 – 270.00	–	440.00 – 450.00	780.00 – 840.00	720.00 – 765.00	260.00 – 280.00
Hambantota	–	–	–	–	–	–	–	–	–	–
Matara	–	–	–	–	–	–	–	–	–	–
Galle	–	–	–	–	–	–	–	–	–	–
Tissamaharama	1150.00 – 1200.00	370.00 – 380.00	–	290.00 – 300.00	240.00 – 250.00	–	350.00 – 360.00	800.00 – 850.00	–	250.00 – 260.00
Meegoda (DEC)	1150.00 – 1200.00	350.00 – 400.00	400.00 – 440.00	280.00 – 300.00	220.00 – 260.00	–	440.00 – 480.00	900.00 – 1000.00	850.00 – 1000.00	280.00 – 300.00
Embilipitiya	1150.00 – 1200.00	–	350.00 – 400.00	285.00 – 300.00	235.00 – 260.00	–	360.00 – 400.00	730.00 – 780.00	600.00 – 750.00	250.00 – 315.00
Jaffna	–	–	–	–	–	–	–	–	–	–
Vavuniya	1200.00 – 1250.00	–	–	320.00 – 350.00	250.00 – 280.00	–	–	750.00 – 800.00	–	255.00 – 265.00
Mannar	1200.00 – 1250.00	360.00 – 380.00	–	280.00 – 300.00	220.00 – 240.00	–	–	900.00 – 950.00	–	255.00 – 260.00
Killinochchi	–	–	–	–	–	–	–	–	–	–
Mullaittivu	1180.00 – 1220.00	–	–	–	220.00 – 250.00	–	–	750.00 – 800.00	–	255.00 – 260.00
Batticaloa	1300.00 – 1400.00	–	320.00 – 350.00	–	220.00 – 240.00	–	400.00 – 430.00	820.00 – 900.00	–	250.00 – 260.00
Trincomalee	–	–	–	–	–	–	–	–	–	–
Hanguranketha	1200.00 – 1200.00	–	330.00 – 370.00	298.00 – 330.00	220.00 – 240.00	–	–	790.00 – 880.00	730.00 – 880.00	240.00 – 245.00
Veyangoda	1200.00 – 1250.00	–	380.00 – 400.00	300.00 – 320.00	240.00 – 260.00	–	400.00 – 440.00	920.00 – 960.00	920.00 – 960.00	250.00 – 260.00
Galenbindunuwewa	1160.00 – 1200.00	380.00 – 400.00	320.00 – 330.00	300.00 – 300.00	200.00 – 220.00	–	–	780.00 – 800.00	800.00 – 825.00	240.00 – 255.00
Bandarawela	1200.00 – 1300.00	380.00 – 400.00	400.00 – 440.00	300.00 – 320.00	200.00 – 230.00	320.00 – 330.00	–	800.00 – 900.00	750.00 – 850.00	250.00 – 260.00
Matale	1180.00 – 1250.00	–	360.00 – 400.00	300.00 – 320.00	240.00 – 260.00	–	–	800.00 – 850.00	760.00 – 850.00	245.00 – 252.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 450.00	180.00 - 220.00	130.00 - 200.00	230.00 - 330.00	100.00 - 130.00
Meegoda (DEC)	-	320.00 - 360.00	200.00 - 260.00	170.00 - 220.00	-	110.00 - 140.00
Dambulla (DEC)	-	280.00 - 450.00	180.00 - 260.00	150.00 - 180.00	200.00 - 260.00	80.00 - 110.00
Keppetipola (DEC)	-	270.00 - 320.00	140.00 - 220.00	120.00 - 150.00	200.00 - 230.00	120.00 - 150.00
Norochchole (DEC)	-	-	-	-	-	70.00 - 100.00
Nuwara Eliya	-	280.00 - 330.00	200.00 - 230.00	170.00 - 180.00	190.00 - 210.00	130.00 - 160.00
Kandy	-	320.00 - 400.00	180.00 - 220.00	170.00 - 200.00	270.00 - 320.00	120.00 - 140.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	280.00 - 350.00	200.00 - 260.00	160.00 - 220.00	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	270.00 - 300.00	160.00 - 190.00	130.00 - 160.00	200.00 - 220.00	130.00 - 140.00
Veyangoda	-	330.00 - 360.00	200.00 - 240.00	170.00 - 200.00	-	120.00 - 150.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 100.00	140.00 - 230.00	250.00 - 350.00	80.00 - 130.00	300.00 - 450.00	250.00 - 500.00
Meegoda (DEC)	100.00 - 120.00	210.00 - 280.00	220.00 - 320.00	100.00 - 150.00	350.00 - 420.00	350.00 - 430.00
Moneragala	100.00 - 150.00	270.00 - 300.00	300.00 - 350.00	180.00 - 200.00	350.00 - 370.00	300.00 - 350.00
Dambulla (DEC)	60.00 - 70.00	170.00 - 230.00	200.00 - 250.00	80.00 - 110.00	250.00 - 350.00	300.00 - 400.00
Keppetipola (DEC)	50.00 - 70.00	150.00 - 230.00	240.00 - 280.00	-	280.00 - 320.00	400.00 - 600.00
Norochchole (DEC)	40.00 - 80.00	-	200.00 - 250.00	90.00 - 110.00	160.00 - 280.00	200.00 - 350.00
Nuwara Eliya	70.00 - 90.00	170.00 - 240.00	250.00 - 300.00	-	-	450.00 - 650.00
Kandy	80.00 - 100.00	190.00 - 220.00	250.00 - 280.00	80.00 - 120.00	300.00 - 380.00	350.00 - 450.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	70.00 - 110.00	180.00 - 260.00	160.00 - 230.00	80.00 - 100.00	230.00 - 300.00	210.00 - 350.00
Tissamaharama	80.00 - 100.00	190.00 - 200.00	260.00 - 280.00	110.00 - 130.00	330.00 - 350.00	350.00 - 380.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	180.00 - 220.00	240.00 - 300.00	120.00 - 140.00	300.00 - 350.00	520.00 - 580.00
Veyangoda	100.00 - 120.00	210.00 - 280.00	230.00 - 300.00	120.00 - 140.00	350.00 - 400.00	340.00 - 400.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	130.00 - 170.00	60.00 - 100.00	250.00 - 350.00	120.00 - 220.00	60.00 - 150.00	100.00 - 150.00
Meegoda (DEC)	110.00 - 170.00	60.00 - 100.00	270.00 - 300.00	150.00 - 200.00	-	180.00 - 230.00
Moneragala	150.00 - 160.00	120.00 - 140.00	300.00 - 350.00	300.00 - 320.00	120.00 - 150.00	250.00 - 280.00
Dambulla (DEC)	90.00 - 130.00	70.00 - 80.00	220.00 - 300.00	110.00 - 180.00	60.00 - 100.00	130.00 - 200.00
Keppetipola (DEC)	120.00 - 170.00	80.00 - 90.00	-	-	140.00 - 180.00	-
Norochchole (DEC)	-	30.00 - 50.00	220.00 - 300.00	100.00 - 140.00	120.00 - 150.00	100.00 - 140.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	120.00 - 160.00	90.00 - 120.00	280.00 - 320.00	170.00 - 220.00	100.00 - 150.00	150.00 - 180.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	100.00 - 130.00	50.00 - 80.00	200.00 - 300.00	130.00 - 160.00	130.00 - 160.00	100.00 - 150.00
Tissamaharama	140.00 - 150.00	80.00 - 100.00	280.00 - 300.00	200.00 - 220.00	-	180.00 - 200.00
Jaffna	-	-	-	-	-	-
Bandarawela	130.00 - 160.00	80.00 - 130.00	280.00 - 320.00	180.00 - 230.00	150.00 - 200.00	140.00 - 160.00
Veyangoda	130.00 - 180.00	70.00 - 110.00	290.00 - 330.00	180.00 - 220.00	110.00 - 150.00	190.00 - 230.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 250.00	130.00 - 160.00	300.00 - 550.00	300.00 - 400.00	100.00 - 140.00	80.00 - 120.00
Meegoda (DEC)	150.00 - 200.00	130.00 - 160.00	330.00 - 600.00	550.00 - 650.00	110.00 - 130.00	100.00 - 120.00
Moneragala	180.00 - 200.00	50.00 - 70.00	600.00 - 650.00	450.00 - 470.00	180.00 - 200.00	120.00 - 140.00
Dambulla (DEC)	130.00 - 250.00	80.00 - 120.00	300.00 - 600.00	480.00 - 550.00	90.00 - 130.00	90.00 - 120.00
Keppetipola (DEC)	-	-	500.00 - 800.00	-	150.00 - 170.00	120.00 - 150.00
Norochhole (DEC)	90.00 - 150.00	80.00 - 100.00	300.00 - 450.00	-	-	100.00 - 130.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	120.00 - 180.00	120.00 - 150.00	350.00 - 750.00	450.00 - 500.00	140.00 - 170.00	110.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	100.00 - 150.00	100.00 - 120.00	300.00 - 550.00	280.00 - 450.00	100.00 - 130.00	80.00 - 120.00
Tissamaharama	120.00 - 140.00	90.00 - 110.00	400.00 - 450.00	420.00 - 450.00	120.00 - 140.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	160.00 - 180.00	140.00 - 150.00	500.00 - 650.00	430.00 - 500.00	140.00 - 160.00	110.00 - 130.00
Veyangoda	150.00 - 180.00	130.00 - 160.00	400.00 - 650.00	400.00 - 600.00	120.00 - 150.00	120.00 - 140.00

Locations	Leafy Vegetables (Rs/kg)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	110.00 - 130.00	110.00 - 130.00	250.00 - 280.00	160.00 - 170.00	140.00 - 150.00
Meegoda (DEC)	-	-	-	-	-
Norochhole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	175.00 - 200.00	175.00 - 200.00	150.00 - 175.00	120.00 - 125.00	95.00 - 105.00
Kandy	180.00 - 200.00	180.00 - 200.00	240.00 - 280.00	130.00 - 140.00	90.00 - 100.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	170.00 - 170.00	170.00 - 170.00	170.00 - 170.00	105.00 - 110.00	85.00 - 90.00
Tissamaharama	120.00 - 140.00	120.00 - 140.00	250.00 - 275.00	-	-
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	-	-	-	-	-

Colombo, Meegoda, Norochhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	400.00	- 650.00	250.00	- 480.00	220.00	- 480.00	350.00	- 600.00	200.00	- 480.00	150.00	- 400.00	280.00	- 480.00	350.00 - 600.00
Gampaha	-	440.00	- 520.00	320.00	- 360.00	280.00	- 300.00	400.00	- 420.00	220.00	- 250.00	140.00	- 180.00	360.00	- 420.00	340.00 - 400.00
Kurunegala	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	-	480.00	- 580.00	400.00	- 500.00	400.00	- 480.00	-	-	240.00	- 280.00	160.00	- 200.00	350.00	- 400.00	400.00 - 480.00
Dambulla	-	560.00	- 600.00	340.00	- 380.00	350.00	- 400.00	380.00	- 400.00	240.00	- 280.00	180.00	- 200.00	240.00	- 260.00	360.00 - 400.00
Anuradhapura	-	560.00	- 600.00	400.00	- 420.00	400.00	- 420.00	-	-	280.00	- 280.00	240.00	- 280.00	360.00	- 400.00	380.00 - 420.00
Thambuththegama	-	440.00	- 550.00	320.00	- 380.00	300.00	- 400.00	-	-	250.00	- 320.00	150.00	- 200.00	-	-	300.00 - 400.00
Polonnaruwa	-	450.00	- 560.00	300.00	- 400.00	260.00	- 360.00	360.00	- 480.00	180.00	- 240.00	160.00	- 180.00	300.00	- 340.00	350.00 - 400.00
Kaluthara	-	400.00	- 480.00	300.00	- 400.00	280.00	- 320.00	360.00	- 480.00	200.00	- 280.00	160.00	- 240.00	300.00	- 400.00	400.00 - 480.00
Badulla	-	580.00	- 600.00	320.00	- 400.00	320.00	- 400.00	400.00	- 480.00	300.00	- 320.00	240.00	- 260.00	320.00	- 400.00	400.00 - 480.00
Keppetipola	-	360.00	- 380.00	220.00	- 260.00	200.00	- 220.00	260.00	- 280.00	180.00	- 220.00	120.00	- 130.00	220.00	- 250.00	320.00 - 350.00
Moneragala	-	480.00	- 520.00	320.00	- 360.00	320.00	- 360.00	400.00	- 460.00	200.00	- 240.00	200.00	- 240.00	360.00	- 400.00	400.00 - 460.00
Kegalle	-	480.00	- 520.00	440.00	- 480.00	360.00	- 400.00	400.00	- 440.00	240.00	- 280.00	240.00	- 280.00	360.00	- 400.00	440.00 - 480.00
Ampara	-	400.00	- 460.00	320.00	- 360.00	300.00	- 340.00	380.00	- 480.00	240.00	- 280.00	200.00	- 220.00	400.00	- 440.00	380.00 - 430.00
Dehiattakandiya	-	400.00	- 400.00	300.00	- 350.00	300.00	- 320.00	400.00	- 420.00	200.00	- 200.00	200.00	- 200.00	300.00	- 300.00	400.00 - 400.00
Nuwaraeliya	-	400.00	- 420.00	300.00	- 320.00	280.00	- 300.00	300.00	- 320.00	240.00	- 260.00	160.00	- 180.00	280.00	- 300.00	380.00 - 400.00
Kandy	-	480.00	- 520.00	320.00	- 360.00	260.00	- 300.00	360.00	- 400.00	200.00	- 240.00	160.00	- 200.00	300.00	- 320.00	400.00 - 420.00
Puttalam	-	680.00	- 720.00	460.00	- 520.00	440.00	- 480.00	-	-	280.00	- 320.00	260.00	- 300.00	400.00	- 480.00	400.00 - 500.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	460.00	- 530.00	300.00	- 350.00	220.00	- 300.00	-	-	240.00	- 260.00	180.00	- 240.00	280.00	- 320.00	350.00 - 380.00
Matara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	400.00	- 420.00	260.00	- 280.00	240.00	- 260.00	350.00	- 380.00	180.00	- 200.00	160.00	- 180.00	260.00	- 280.00	340.00 - 360.00
Meegoda (DEC)	-	440.00	- 480.00	400.00	- 400.00	320.00	- 360.00	-	-	240.00	- 280.00	240.00	- 280.00	400.00	- 480.00	400.00 - 480.00
Embilipitiya	-	480.00	- 520.00	300.00	- 340.00	280.00	- 320.00	-	-	200.00	- 240.00	180.00	- 220.00	320.00	- 350.00	400.00 - 440.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	600.00	- 700.00	300.00	- 350.00	300.00	- 350.00	-	-	180.00	- 200.00	150.00	- 200.00	-	-	400.00 - 450.00
Mannar	-	550.00	- 600.00	380.00	- 400.00	350.00	- 380.00	380.00	- 400.00	-	-	200.00	- 250.00	320.00	- 360.00	450.00 - 480.00
Killinochchi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	600.00	- 650.00	350.00	- 400.00	300.00	- 350.00	350.00	- 380.00	-	-	190.00	- 220.00	300.00	- 340.00	380.00 - 420.00
Batticaloa	-	480.00	- 650.00	360.00	- 400.00	320.00	- 380.00	400.00	- 450.00	280.00	- 300.00	200.00	- 220.00	350.00	- 400.00	420.00 - 450.00
Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hanguranketha	-	380.00	- 390.00	240.00	- 250.00	210.00	- 225.00	-	-	180.00	- 200.00	110.00	- 125.00	215.00	- 245.00	320.00 - 350.00
Veyangoda	-	400.00	- 480.00	280.00	- 360.00	280.00	- 320.00	-	-	240.00	- 260.00	180.00	- 240.00	320.00	- 360.00	400.00 - 440.00
Galenbindunuwewa	-	720.00	- 750.00	360.00	- 400.00	400.00	- 450.00	400.00	- 450.00	160.00	- 200.00	140.00	- 160.00	240.00	- 280.00	400.00 - 480.00
Bandarawela	-	380.00	- 420.00	260.00	- 300.00	240.00	- 280.00	340.00	- 380.00	180.00	- 200.00	140.00	- 160.00	240.00	- 280.00	340.00 - 380.00
Matale	-	640.00	- 700.00	320.00	- 400.00	320.00	- 360.00	320.00	- 520.00	200.00	- 240.00	180.00	- 200.00	320.00	- 360.00	400.00 - 480.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	180.00 - 400.00	400.00 - 800.00	450.00 - 1000.00	180.00 - 320.00	120.00 - 320.00	350.00 - 600.00	200.00 - 600.00	200.00 - 480.00	200.00 - 480.00	200.00 - 500.00		
Gampaha	220.00 - 260.00	400.00 - 480.00	500.00 - 580.00	200.00 - 260.00	160.00 - 180.00	460.00 - 500.00	240.00 - 300.00	200.00 - 280.00	300.00 - 340.00	300.00 - 400.00		
Kurunegala	-	-	-	-	-	-	-	-	-	-		
Nikaweratiya	220.00 - 280.00	400.00 - 480.00	480.00 - 600.00	200.00 - 260.00	160.00 - 200.00	400.00 - 480.00	280.00 - 320.00	300.00 - 320.00	320.00 - 340.00	240.00 - 300.00		
Dambulla	160.00 - 200.00	460.00 - 480.00	500.00 - 600.00	240.00 - 260.00	180.00 - 220.00	400.00 - 480.00	300.00 - 360.00	180.00 - 200.00	280.00 - 320.00	260.00 - 340.00		
Anuradhapura	200.00 - 240.00	380.00 - 400.00	480.00 - 520.00	280.00 - 320.00	200.00 - 220.00	480.00 - 520.00	320.00 - 320.00	300.00 - 350.00	320.00 - 320.00	360.00 - 400.00		
Thambuththegama	150.00 - 200.00	380.00 - 500.00	350.00 - 440.00	160.00 - 250.00	120.00 - 160.00	350.00 - 440.00	200.00 - 250.00	250.00 - 300.00	220.00 - 300.00	250.00 - 320.00		
Polonnaruwa	180.00 - 240.00	350.00 - 450.00	600.00 - 720.00	200.00 - 250.00	160.00 - 200.00	340.00 - 480.00	250.00 - 280.00	180.00 - 240.00	300.00 - 360.00	240.00 - 360.00		
Kaluthara	200.00 - 240.00	400.00 - 520.00	500.00 - 600.00	200.00 - 260.00	160.00 - 240.00	400.00 - 520.00	300.00 - 380.00	240.00 - 320.00	280.00 - 340.00	280.00 - 400.00		
Badulla	240.00 - 320.00	400.00 - 480.00	600.00 - 720.00	240.00 - 320.00	240.00 - 280.00	580.00 - 600.00	400.00 - 480.00	320.00 - 400.00	320.00 - 400.00	240.00 - 320.00		
Keppetipola	170.00 - 200.00	340.00 - 360.00	500.00 - 550.00	220.00 - 240.00	140.00 - 150.00	400.00 - 420.00	280.00 - 300.00	250.00 - 260.00	270.00 - 300.00	280.00 - 300.00		
Moneragala	260.00 - 320.00	400.00 - 460.00	520.00 - 600.00	240.00 - 280.00	160.00 - 200.00	400.00 - 460.00	360.00 - 400.00	200.00 - 240.00	320.00 - 360.00	240.00 - 300.00		
Kegalle	280.00 - 320.00	360.00 - 400.00	520.00 - 560.00	240.00 - 280.00	200.00 - 240.00	440.00 - 480.00	280.00 - 320.00	280.00 - 320.00	320.00 - 340.00	320.00 - 360.00		
Ampara	240.00 - 300.00	320.00 - 460.00	500.00 - 600.00	240.00 - 250.00	180.00 - 240.00	380.00 - 440.00	320.00 - 360.00	200.00 - 380.00	300.00 - 360.00	280.00 - 320.00		
Dehiattakandiya	250.00 - 260.00	300.00 - 400.00	400.00 - 500.00	200.00 - 240.00	150.00 - 200.00	400.00 - 480.00	240.00 - 300.00	200.00 - 200.00	400.00 - 400.00	300.00 - 350.00		
Nuwaraeliya	220.00 - 240.00	400.00 - 420.00	660.00 - 680.00	260.00 - 280.00	200.00 - 220.00	400.00 - 420.00	300.00 - 320.00	280.00 - 300.00	280.00 - 300.00	300.00 - 320.00		
Kandy	200.00 - 240.00	450.00 - 480.00	500.00 - 550.00	200.00 - 240.00	160.00 - 180.00	450.00 - 480.00	320.00 - 360.00	240.00 - 260.00	300.00 - 320.00	320.00 - 400.00		
Puttalam	240.00 - 280.00	480.00 - 520.00	560.00 - 650.00	280.00 - 320.00	240.00 - 280.00	560.00 - 600.00	300.00 - 320.00	350.00 - 400.00	320.00 - 400.00	350.00 - 400.00		
Rathnapura	180.00 - 240.00	350.00 - 450.00	400.00 - 500.00	180.00 - 240.00	120.00 - 180.00	380.00 - 480.00	280.00 - 350.00	250.00 - 350.00	300.00 - 360.00	300.00 - 360.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	-	-	-	-	-	-	-	-	-	-		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	170.00 - 200.00	400.00 - 420.00	420.00 - 450.00	200.00 - 230.00	140.00 - 150.00	350.00 - 380.00	260.00 - 280.00	-	250.00 - 270.00	180.00 - 200.00		
Meegoda (DEC)	240.00 - 280.00	480.00 - 560.00	520.00 - 600.00	240.00 - 280.00	200.00 - 240.00	440.00 - 480.00	360.00 - 440.00	-	360.00 - 440.00	320.00 - 440.00		
Embilipitiya	200.00 - 240.00	400.00 - 440.00	480.00 - 520.00	200.00 - 240.00	120.00 - 140.00	450.00 - 480.00	300.00 - 340.00	180.00 - 240.00	300.00 - 330.00	320.00 - 360.00		
Jaffna	-	-	-	-	-	-	-	-	-	-		
Vavuniya	200.00 - 250.00	-	400.00 - 450.00	300.00 - 350.00	120.00 - 150.00	300.00 - 350.00	200.00 - 250.00	300.00 - 350.00	250.00 - 280.00	200.00 - 250.00		
Mannar	200.00 - 250.00	550.00 - 600.00	650.00 - 700.00	180.00 - 200.00	200.00 - 220.00	500.00 - 550.00	380.00 - 400.00	-	-	250.00 - 300.00		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	190.00 - 240.00	350.00 - 400.00	580.00 - 650.00	-	190.00 - 220.00	480.00 - 520.00	280.00 - 320.00	280.00 - 320.00	-	280.00 - 320.00		
Batticaloa	240.00 - 300.00	300.00 - 330.00	550.00 - 600.00	240.00 - 260.00	280.00 - 300.00	480.00 - 520.00	320.00 - 350.00	300.00 - 350.00	250.00 - 300.00	200.00 - 230.00		
Trincomalee	-	-	-	-	-	-	-	-	-	-		
Hanguranketha	175.00 200.00	370.00 390.00	400.00 420.00	190.00 210.00	150.00 160.00	320.00 345.00	225.00 245.00	180.00 225.00	210.00 225.00	175.00 180.00		
Veyangoda	200.00 - 240.00	440.00 - 480.00	440.00 - 480.00	260.00 - 280.00	160.00 - 200.00	400.00 - 480.00	320.00 - 360.00	200.00 - 260.00	320.00 - 360.00	260.00 - 320.00		
Galenbindunuwewa	200.00 - 230.00	400.00 - 460.00	550.00 - 600.00	230.00 - 240.00	140.00 - 160.00	400.00 - 430.00	240.00 - 280.00	200.00 - 250.00	280.00 - 320.00	280.00 - 320.00		
Bandarawela	200.00 - 220.00	360.00 - 420.00	600.00 - 650.00	180.00 - 200.00	140.00 - 180.00	350.00 - 400.00	260.00 - 280.00	240.00 - 300.00	280.00 - 300.00	260.00 - 300.00		
Matale	200.00 - 240.00	400.00 - 520.00	480.00 - 560.00	240.00 - 260.00	200.00 - 240.00	400.00 - 520.00	320.00 - 360.00	200.00 - 240.00	360.00 - 400.00	320.00 - 400.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 400.00	500.00 - 1000.00	400.00 - 1000.00	180.00 - 360.00	160.00 - 260.00	150.00 - 250.00	150.00 - 250.00	300.00 - 450.00	170.00 - 190.00	150.00 - 160.00
Gampaha	180.00 - 240.00	600.00 - 750.00	600.00 - 750.00	240.00 - 300.00	-	150.00 - 210.00	150.00 - 210.00	150.00 - 210.00	150.00 - 160.00	100.00 - 130.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	200.00 - 240.00	800.00 - 900.00	500.00 - 600.00	240.00 - 260.00	180.00 - 220.00	360.00 - 400.00	360.00 - 400.00	240.00 - 320.00	140.00 - 150.00	100.00 - 120.00
Dambulla	240.00 - 280.00	600.00 - 800.00	700.00 - 800.00	200.00 - 260.00	200.00 - 220.00	350.00 - 400.00	350.00 - 400.00	300.00 - 350.00	140.00 - 150.00	120.00 - 125.00
Anuradhapura	240.00 - 250.00	800.00 - 800.00	750.00 - 800.00	280.00 - 300.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	150.00 - 170.00	120.00 - 130.00
Thambuththegama	160.00 - 240.00	600.00 - 750.00	580.00 - 650.00	180.00 - 250.00	160.00 - 240.00	-	-	-	-	100.00 - 120.00
Polonnaruwa	200.00 - 280.00	700.00 - 850.00	800.00 - 1000.00	240.00 - 250.00	240.00 - 280.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	160.00 - 160.00	120.00 - 140.00
Kaluthara	200.00 - 280.00	700.00 - 800.00	700.00 - 800.00	260.00 - 300.00	180.00 - 200.00	240.00 - 240.00	240.00 - 300.00	300.00 - 360.00	150.00 - 170.00	100.00 - 130.00
Badulla	240.00 - 320.00	400.00 - 500.00	800.00 - 900.00	280.00 - 320.00	240.00 - 280.00	280.00 - 320.00	280.00 - 360.00	320.00 - 360.00	140.00 - 170.00	110.00 - 130.00
Keppetipola	200.00 - 220.00	600.00 - 650.00	600.00 - 620.00	220.00 - 230.00	160.00 - 170.00	210.00 - 240.00	210.00 - 240.00	240.00 - 300.00	150.00 - 160.00	120.00 - 140.00
Moneragala	120.00 - 160.00	700.00 - 800.00	520.00 - 600.00	240.00 - 300.00	160.00 - 180.00	150.00 - 180.00	150.00 - 180.00	320.00 - 340.00	140.00 - 150.00	100.00 - 120.00
Kegalle	280.00 - 320.00	760.00 - 800.00	760.00 - 800.00	240.00 - 280.00	160.00 - 200.00	240.00 - 240.00	240.00 - 240.00	250.00 - 250.00	170.00 - 180.00	130.00 - 140.00
Ampara	240.00 - 280.00	700.00 - 800.00	500.00 - 700.00	240.00 - 320.00	-	240.00 - 280.00	240.00 - 280.00	300.00 - 350.00	150.00 - 175.00	100.00 - 130.00
Dehiattakandiya	200.00 - 240.00	600.00 - 800.00	800.00 - 1000.00	200.00 - 300.00	300.00 - 300.00	150.00 - 180.00	-	500.00 - 550.00	140.00 - 150.00	110.00 - 120.00
Nuwaraeliya	280.00 - 300.00	600.00 - 650.00	600.00 - 650.00	260.00 - 280.00	240.00 - 260.00	360.00 - 380.00	350.00 - 360.00	380.00 - 400.00	150.00 - 160.00	120.00 - 140.00
Kandy	200.00 - 240.00	800.00 - 850.00	900.00 - 1000.00	280.00 - 300.00	240.00 - 250.00	240.00 - 280.00	240.00 - 280.00	350.00 - 400.00	160.00 - 170.00	120.00 - 130.00
Puttalam	180.00 - 240.00	600.00 - 700.00	350.00 - 400.00	300.00 - 320.00	240.00 - 250.00	280.00 - 320.00	-	350.00 - 400.00	160.00 - 170.00	130.00 - 150.00
Rathnapura	180.00 - 230.00	550.00 - 650.00	400.00 - 480.00	200.00 - 250.00	140.00 - 160.00	240.00 - 240.00	240.00 - 240.00	300.00 - 300.00	140.00 - 160.00	100.00 - 130.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	150.00 - 160.00	500.00 - 550.00	480.00 - 500.00	180.00 - 200.00	170.00 - 180.00	160.00 - 180.00	160.00 - 180.00	350.00 - 400.00	150.00 - 170.00	110.00 - 130.00
Meegoda (DEC)	280.00 - 300.00	700.00 - 800.00	800.00 - 1000.00	280.00 - 300.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00	240.00 - 240.00	160.00 - 170.00	130.00 - 150.00
Embilipitiya	160.00 - 200.00	720.00 - 800.00	400.00 - 450.00	260.00 - 300.00	170.00 - 200.00	350.00 - 420.00	320.00 - 360.00	-	160.00 - 180.00	120.00 - 150.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	200.00 - 250.00	-	600.00 - 650.00	200.00 - 250.00	240.00 - 300.00	250.00 - 300.00	300.00 - 350.00	300.00 - 350.00	140.00 - 160.00	90.00 - 100.00
Mannar	180.00 - 200.00	800.00 - 850.00	750.00 - 800.00	280.00 - 300.00	180.00 - 200.00	300.00 - 400.00	240.00 - 320.00	240.00 - 300.00	145.00 - 150.00	95.00 - 100.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	140.00 - 160.00	680.00 - 720.00	580.00 - 620.00	280.00 - 320.00	190.00 - 220.00	280.00 - 280.00	240.00 - 240.00	200.00 - 200.00	140.00 - 150.00	90.00 - 100.00
Batticaloa	240.00 - 250.00	750.00 - 820.00	550.00 - 600.00	220.00 - 240.00	180.00 - 220.00	-	300.00 - 315.00	315.00 - 320.00	160.00 - 185.00	-
Trincomalee										
Hanguranketha	225.00 - 240.00	580.00 - 650.00	550.00 - 600.00	220.00 - 240.00	-	250.00 - 250.00	150.00 - 200.00	250.00 - 300.00	145.00 - 145.00	-
Veyangoda	260.00 - 320.00	600.00 - 700.00	700.00 - 750.00	240.00 - 280.00	240.00 - 260.00	150.00 - 160.00	-	280.00 - 300.00	160.00 - 180.00	-
Galenbindunuwewa	140.00 - 160.00	750.00 - 800.00	600.00 - 600.00	-	220.00 - 240.00	250.00 - 300.00	250.00 - 300.00	250.00 - 300.00	140.00 - 150.00	110.00 - 120.00
Bandarawela	180.00 - 200.00	650.00 - 700.00	550.00 - 580.00	180.00 - 220.00	180.00 - 190.00	210.00 - 240.00	210.00 - 240.00	320.00 - 400.00	-	-
Matale	200.00 - 240.00	800.00 - 900.00	800.00 - 900.00	200.00 - 240.00	180.00 - 200.00	360.00 - 400.00	320.00 - 400.00	360.00 - 480.00	130.00 - 140.00	100.00 - 120.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

18

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Pineapple	Medium	Small	Betti	Karthakolomban
Colombo	250.00 - 370.00	400.00 - 650.00	230.00 - 320.00	300.00 - 400.00	320.00 - 400.00	450.00 - 650.00	-	-	-	-
Gampaha	250.00 - 270.00	440.00 - 480.00	220.00 - 250.00	-	400.00 - 450.00	420.00 - 460.00	-	-	-	-
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	220.00 - 240.00	480.00 - 500.00	200.00 - 220.00	-	400.00 - 440.00	450.00 - 500.00	-	-	-	-
Dambulla	230.00 - 250.00	460.00 - 480.00	200.00 - 220.00	-	340.00 - 380.00	500.00 - 550.00	-	-	400.00 - 450.00	900.00 - 1000.00
Anuradhapura	260.00 - 300.00	500.00 - 550.00	200.00 - 240.00	280.00 - 320.00	380.00 - 400.00	450.00 - 480.00	-	-	-	-
Thambuththegama	250.00 - 320.00	480.00 - 550.00	180.00 - 250.00	-	-	500.00 - 600.00	-	-	-	-
Polonnaruwa	280.00 - 300.00	550.00 - 650.00	180.00 - 220.00	-	400.00 - 500.00	600.00 - 650.00	-	-	-	-
Kaluthara	300.00 - 340.00	500.00 - 560.00	200.00 - 220.00	260.00 - 260.00	300.00 - 320.00	460.00 - 500.00	-	-	-	-
Badulla	250.00 - 300.00	500.00 - 600.00	200.00 - 250.00	300.00 - 380.00	350.00 - 450.00	600.00 - 750.00	-	-	-	1100.00 - 1200.00
Keppetipola	250.00 - 270.00	470.00 - 480.00	220.00 - 240.00	-	-	330.00 - 360.00	-	-	-	-
Moneragala	180.00 - 200.00	400.00 - 440.00	140.00 - 160.00	320.00 - 340.00	340.00 - 360.00	480.00 - 520.00	-	-	-	-
Kegalle	180.00 - 200.00	550.00 - 580.00	180.00 - 200.00	300.00 - 350.00	300.00 - 350.00	450.00 - 500.00	-	-	-	-
Ampara	230.00 - 250.00	450.00 - 480.00	150.00 - 160.00	-	-	500.00 - 520.00	-	-	-	-
Dehiattakandiya	280.00 - 300.00	550.00 - 560.00	200.00 - 200.00	-	380.00 - 380.00	600.00 - 750.00	-	-	-	-
Nuwareliya	270.00 - 280.00	480.00 - 520.00	240.00 - 250.00	260.00 - 280.00	320.00 - 340.00	380.00 - 400.00	-	-	-	-
Kandy	240.00 - 250.00	500.00 - 550.00	220.00 - 240.00	300.00 - 320.00	350.00 - 370.00	500.00 - 550.00	-	-	-	-
Puttalam	-	400.00 - 450.00	140.00 - 160.00	260.00 - 300.00	-	480.00 - 520.00	-	-	-	-
Rathnapura	200.00 - 240.00	450.00 - 520.00	150.00 - 180.00	270.00 - 280.00	300.00 - 350.00	490.00 - 560.00	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	260.00 - 280.00	480.00 - 500.00	200.00 - 220.00	-	-	480.00 - 500.00	-	-	-	-
Meegoda (DEC)	220.00 - 240.00	480.00 - 540.00	210.00 - 220.00	280.00 - 320.00	280.00 - 320.00	400.00 - 450.00	-	-	-	-
Embilipitiya	170.00 - 200.00	400.00 - 500.00	160.00 - 200.00	350.00 - 360.00	350.00 - 380.00	380.00 - 420.00	-	-	-	-
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	180.00 - 200.00	350.00 - 370.00	150.00 - 180.00	240.00 - 260.00	250.00 - 280.00	600.00 - 700.00	-	-	-	-
Mannar	180.00 - 200.00	380.00 - 400.00	150.00 - 160.00	240.00 - 250.00	260.00 - 280.00	580.00 - 600.00	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	180.00 - 200.00	360.00 - 380.00	150.00 - 160.00	250.00 - 260.00	270.00 - 280.00	580.00 - 620.00	-	-	-	-
Batticaloa	-	450.00 - 480.00	180.00 - 200.00	220.00 - 250.00	-	420.00 - 500.00	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Veyangoda	280.00 - 300.00	580.00 - 650.00	230.00 - 260.00	-	-	420.00 - 450.00	-	-	-	-
Galenbindunuwewa	220.00 - 230.00	400.00 - 450.00	220.00 - 230.00	230.00 - 240.00	-	600.00 - 650.00	-	-	-	-
Bandarawela	230.00 - 250.00	440.00 - 450.00	170.00 - 180.00	-	280.00 - 300.00	380.00 - 500.00	-	-	-	-
Matale	200.00 - 240.00	480.00 - 550.00	180.00 - 200.00	200.00 - 280.00	280.00 - 320.00	450.00 - 520.00	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango				Other Fruits							
	Vilad		Kohu		Papaw	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes	King Coconut(Rs/nut)
Colombo	-		-		230.00 - 360.00	600.00 - 1000.00	350.00 - 700.00	400.00 - 800.00	550.00 - 800.00	400.00 - 800.00	1900.00 - 2800.00	220.00 - 300.00
Gampaha	-		-		240.00 - 280.00	-	450.00 - 500.00	-	450.00 - 500.00	-	-	220.00 - 240.00
Kurunegala	-		-		-	-	-	-	-	-	-	-
Nikaweratiya	-		-		180.00 - 220.00	-	-	500.00 - 600.00	500.00 - 600.00	-	2500.00 - 2600.00	180.00 - 200.00
Dambulla	400.00 - 450.00		300.00 - 350.00		240.00 - 280.00	600.00 - 650.00	300.00 - 360.00	380.00 - 400.00	300.00 - 350.00	280.00 - 300.00	2800.00 - 2900.00	230.00 - 250.00
Anuradhapura	-		-		230.00 - 260.00	550.00 - 600.00	400.00 - 400.00	400.00 - 420.00	450.00 - 500.00	500.00 - 550.00	2450.00 - 2600.00	250.00 - 300.00
Thambuththegama	-		-		160.00 - 250.00	450.00 - 500.00	200.00 - 250.00	-	250.00 - 300.00	-	-	220.00 - 250.00
Polonnaruwa	-		-		250.00 - 300.00	750.00 - 1000.00	350.00 - 450.00	-	600.00 - 750.00	-	2500.00 - 3000.00	250.00 - 250.00
Kaluthara	-		-		260.00 - 320.00	-	350.00 - 400.00	-	400.00 - 500.00	400.00 - 450.00	2500.00 - 2600.00	180.00 - 200.00
Badulla	-		-		280.00 - 300.00	500.00 - 600.00	600.00 - 650.00	250.00 - 300.00	300.00 - 350.00	400.00 - 500.00	2800.00 - 3000.00	300.00 - 350.00
Keppetipola	-		-		260.00 - 270.00	650.00 - 700.00	420.00 - 450.00	390.00 - 420.00	240.00 - 280.00	300.00 - 360.00	2500.00 - 3000.00	250.00 - 260.00
Moneragala	-		-		250.00 - 270.00	600.00 - 650.00	200.00 - 250.00	400.00 - 440.00	300.00 - 320.00	200.00 - 250.00	2800.00 - 3000.00	180.00 - 200.00
Kegalle	-		-		250.00 - 280.00	550.00 - 600.00	450.00 - 500.00	450.00 - 500.00	400.00 - 420.00	450.00 - 460.00	2500.00 - 2600.00	150.00 - 160.00
Ampara	450.00 - 500.00		-		230.00 - 250.00	600.00 - 630.00	-	-	380.00 - 400.00	-	2200.00 - 2300.00	230.00 - 250.00
Dehiattakandiya	-		-		280.00 - 300.00	-	600.00 - 680.00	500.00 - 600.00	500.00 - 550.00	400.00 - 400.00	2800.00 - 3500.00	180.00 - 200.00
Nuwaraeliya	-		-		260.00 - 280.00	450.00 - 480.00	280.00 - 300.00	680.00 - 700.00	340.00 - 360.00	300.00 - 320.00	2150.00 - 3120.00	260.00 - 280.00
Kandy	-		-		220.00 - 230.00	700.00 - 800.00	550.00 - 600.00	500.00 - 550.00	400.00 - 500.00	400.00 - 450.00	2400.00 - 2500.00	200.00 - 220.00
Puttalam	-		-		280.00 - 320.00	500.00 - 550.00	200.00 - 240.00	280.00 - 320.00	-	-	2800.00 - 3200.00	150.00 - 160.00
Hambantota	-		-		-	-	-	-	-	-	-	-
Rathnapura	-		-		200.00 - 250.00	-	300.00 - 450.00	350.00 - 400.00	300.00 - 400.00	350.00 - 500.00	2000.00 - 2600.00	150.00 - 200.00
Matara	-		-		-	-	-	-	-	-	-	-
Galle	-		-		-	-	-	-	-	-	-	-
Tissamaharama	-		-		260.00 - 270.00	-	300.00 - 320.00	-	-	440.00 - 460.00	2500.00 - 2600.00	190.00 - 210.00
Meegoda (DEC)	-		-		230.00 - 250.00	480.00 - 500.00	380.00 - 440.00	-	300.00 - 400.00	300.00 - 400.00	1900.00 - 2200.00	200.00 - 200.00
Embilipitiya	-		-		220.00 - 240.00	500.00 - 600.00	250.00 - 350.00	450.00 - 500.00	280.00 - 350.00	180.00 - 200.00	2450.00 - 3200.00	200.00 - 230.00
Jaffna	-		-		-	-	-	-	-	-	-	-
Vavuniya	-		-		160.00 - 200.00	-	-	-	-	-	2500.00 - 2600.00	250.00 - 280.00
Mannar	-		-		250.00 - 270.00	400.00 - 450.00	350.00 - 400.00	240.00 - 280.00	-	-	2650.00 - 2700.00	180.00 - 200.00
Killinochchi	-		-		-	-	-	-	-	-	-	-
Mullaittivu	-		-		-	-	-	-	-	-	2400.00 - 2500.00	250.00 - 280.00
Batticaloa	-		-		200.00 - 220.00	600.00 - 650.00	500.00 - 550.00	-	650.00 - 680.00	-	3000.00 - 3250.00	180.00 - 200.00
Trincomalee	-		-		-	-	-	-	-	-	-	-
Veyangoda	-		-		240.00 - 280.00	-	450.00 - 480.00	-	400.00 - 500.00	-	2500.00 - 3000.00	240.00 - 250.00
Galenbindunuwewa	-		-		200.00 - 240.00	420.00 - 460.00	300.00 - 350.00	450.00 - 480.00	450.00 - 500.00	300.00 - 360.00	2500.00 - 2700.00	240.00 - 250.00
Bandarawela	-		-		220.00 - 230.00	550.00 - 600.00	450.00 - 500.00	-	330.00 - 400.00	350.00 - 380.00	2800.00 - 3000.00	200.00 - 220.00
Matale	-		320.00 - 360.00		200.00 - 240.00	300.00 - 400.00	600.00 - 700.00	400.00 - 550.00	300.00 - 400.00	400.00 - 500.00	2500.00 - 2600.00	180.00 - 200.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 35: 28 Aug - 03 Sep 2026

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	600.00 – 700.00	800.00 – 1000.00	1000.00 – 1200.00	2000.00 – 2200.00	3800.00 – 4200.00	1200.00 – 1600.00
Kandy	650.00 – 700.00	1200.00 – 1250.00	1000.00 – 1300.00	1800.00 – 2000.00	2800.00 – 2900.00	1700.00 – 1800.00
Kaluthara	500.00 – 600.00	–	850.00 – 900.00	1500.00 – 1600.00	–	1400.00 – 1500.00
Puttalam	700.00 – 800.00	1050.00 – 1150.00	1200.00 – 1300.00	1500.00 – 1600.00	–	1450.00 – 1600.00
Matara	–	–	–	–	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	500.00 – 560.00	750.00 – 850.00	1200.00 – 1300.00	1500.00 – 1600.00	2200.00 – 2350.00	1500.00 – 1650.00
Trincomalee	–	–	–	–	–	–
Mannar	650.00 – 750.00	1100.00 – 1200.00	950.00 – 1000.00	1850.00 – 1950.00	–	1400.00 – 1450.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1800.00 – 2400.00	2000.00 – 2200.00	2200.00 – 2500.00	–	37.00 – 39.00	35.00 – 37.00
Kandy	1500.00 – 1600.00	1800.00 – 1900.00	2500.00 – 2600.00	–	38.00 – 40.00	37.00 – 39.00
Kaluthara	–	1750.00 – 1850.00	1800.00 – 2000.00	–	–	–
Puttalam	1900.00 – 2100.00	1450.00 – 1600.00	–	–	42.00 – 43.00	38.00 – 39.00
Matara	–	–	–	–	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	–	1500.00 – 1650.00	2300.00 – 2400.00	–	45.00 – 46.00	43.00 – 44.00
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	43.00 – 44.00	38.00 – 39.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	1500.00 – 2000.00	2500.00 – 2500.00	2350.00 – 2350.00	2250.00 – 2700.00	1500.00 – 1900.00	1750.00 – 2200.00
Kandy	1700.00 – 1800.00	–	–	2600.00 – 2650.00	1600.00 – 1650.00	–
Batticaloa	–	2000.00 – 2300.00	–	–	1800.00 – 1850.00	–
Trincomalee	–	–	–	–	–	–
Mannar	1100.00 – 1200.00	2450.00 – 2500.00	–	2000.00 – 2100.00	1100.00 – 1150.00	950.00 – 1000.00

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	1200.00 – 1700.00	–	900.00 – 1000.00	1100.00 – 1350.00	1500.00 – 2000.00	–
Kandy	–	–	950.00 – 1000.00	1100.00 – 1200.00	2100.00 – 2200.00	–
Batticaloa	–	–	600.00 – 750.00	1400.00 – 1450.00	–	–
Trincomalee	–	–	–	–	–	–
Mannar	900.00 – 950.00	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	2400.00 – 2700.00	1700 – 1800	1800.00 – 2200.00	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 35: 28 Aug - 03 Sep 2026

21

LOCATIONS	Sea Fish									Eggs			
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White		
Colombo	700.00 - 1000.00	900.00 - 1520.00	1200.00 - 2000.00	2600.00 - 3600.00	4000.00 - 5000.00	1600.00 - 3000.00	2000.00 - 2600.00	2400.00 - 3660.00		38.00 - 45.00	36.00 - 44.00		
Gampaha	700.00 - 800.00	-	-	2700.00 - 2800.00	-	-	-	2800.00 - 3000.00		41.00 - 42.00	39.00 - 41.00		
Kurunegala	-	-	-	-	-	-	-	-		-	-		
Nikaweratiya	-	1200.00 - 1300.00	1000.00 - 1100.00	-	-	-	-	2800.00 - 3000.00		40.00 - 43.00	40.00 - 43.00		
Dambulla	800.00 - 900.00	1400.00 - 1500.00	1000.00 - 1200.00	2900.00 - 3000.00	3200.00 - 3200.00	1800.00 - 2200.00	2400.00 - 2500.00	3000.00 - 3200.00		41.00 - 42.00	40.00 - 41.00		
Anuradhapura	800.00 - 1000.00	1360.00 - 1450.00	1080.00 - 1100.00	3100.00 - 3200.00	3200.00 - 3290.00	-	2350.00 - 2450.00	2900.00 - 2980.00		38.00 - 38.00	36.00 - 37.00		
Thambuththegama	-	-	-	-	-	-	-	-		39.00 - 42.00	39.00 - 41.00		
Polonnaruwa	800.00 - 800.00	1400.00 - 1400.00	1800.00 - 1800.00	2400.00 - 2400.00	3000.00 - 3000.00	1800.00 - 1800.00	2000.00 - 2000.00	2800.00 - 2800.00		38.00 - 39.00	36.00 - 37.00		
Kaluthara	700.00 - 800.00	-	1600.00 - 2000.00	2400.00 - 2800.00	-	2500.00 - 2600.00	1800.00 - 2000.00	2700.00 - 2800.00		40.00 - 42.00	38.00 - 42.00		
Badulla	600.00 - 800.00	1300.00 - 1300.00	1400.00 - 1500.00	-	-	-	1600.00 - 1800.00	2800.00 - 3000.00		40.00 - 43.00	36.00 - 43.00		
Keppetipola	700.00 - 750.00	1400.00 - 1450.00	1400.00 - 1450.00	2800.00 - 2900.00	-	1700.00 - 1800.00	1800.00 - 1900.00	2800.00 - 2900.00		46.00 - 48.00	44.00 - 46.00		
Moneragala	800.00 - 900.00	1000.00 - 1100.00	1400.00 - 1450.00	2800.00 - 3000.00	-	1600.00 - 1700.00	-	3000.00 - 3200.00		41.00 - 42.00	40.00 - 41.00		
Kegalle	950.00 - 1000.00	1200.00 - 1250.00	2000.00 - 2200.00	3150.00 - 3200.00	-	2400.00 - 2500.00	2450.00 - 2500.00	3500.00 - 3600.00		44.00 - 45.00	42.00 - 43.00		
Ampara	600.00 - 800.00	1400.00 - 1500.00	2200.00 - 2400.00	-	-	-	-	3000.00 - 3200.00		-	40.00 - 43.00		
Dehiattakandiya	-	1200.00 - 1200.00	-	2600.00 - 2600.00	-	-	-	2600.00 - 2600.00		37.00 - 38.00	35.00 - 36.00		
Nuwareliya	700.00 - 720.00	1400.00 - 1450.00	1460.00 - 1480.00	2900.00 - 2950.00	-	1800.00 - 1900.00	1900.00 - 2000.00	2900.00 - 3000.00		48.00 - 50.00	45.00 - 47.00		
Kandy	800.00 - 850.00	1400.00 - 1450.00	1200.00 - 1500.00	2800.00 - 2900.00	3300.00 - 3400.00	2000.00 - 2200.00	1750.00 - 1800.00	2800.00 - 3000.00		43.00 - 44.00	42.00 - 43.00		
Puttalam	850.00 - 900.00	1250.00 - 1350.00	1400.00 - 1500.00	2200.00 - 2400.00	-	1650.00 - 1700.00	2450.00 - 2600.00	-		45.00 - 45.00	40.00 - 42.00		
Hambantota	-	-	-	-	-	-	-	-		-	-		
Rathnapura	900.00 - 1000.00	1400.00 - 1400.00	1700.00 - 1800.00	3000.00 - 3200.00	4200.00 - 4400.00	3000.00 - 3200.00	1800.00 - 2000.00	3000.00 - 3200.00		40.00 - 41.00	38.00 - 39.00		
Matara	-	-	-	-	-	-	-	-		-	-		
Galle	-	-	-	-	-	-	-	-		-	-		
Tissamaharama	700.00 - 800.00	-	1000.00 - 1100.00	-	-	-	-	-		-	38.00 - 41.00		
Meegoda	800.00 - 900.00	-	-	-	-	1700.00 - 1700.00	-	4000.00 - 4000.00		40.00 - 45.00	36.00 - 40.00		
Embilipitiya	800.00 - 850.00	1000.00 - 1100.00	1900.00 - 2000.00	2800.00 - 3200.00	-	-	-	3200.00 - 3300.00		38.00 - 39.00	36.00 - 39.00		
Jaffna	-	-	-	-	-	-	-	-		-	-		
Vavuniya	1200.00 - 1300.00	1600.00 - 1700.00	-	2400.00 - 2500.00	3200.00 - 3300.00	2600.00 - 2700.00	3200.00 - 3300.00	3200.00 - 3400.00		42.00 - 45.00	40.00 - 43.00		
Mannar	850.00 - 900.00	1350.00 - 1450.00	1250.00 - 1300.00	2850.00 - 3000.00	-	1750.00 - 1850.00	-	-		45.00 - 46.00	43.00 - 44.00		
Killinochchi	-	-	-	-	-	-	-	-		-	-		
Mullaittivu	500.00 - 600.00	1250.00 - 1350.00	1200.00 - 1300.00	-	-	1500.00 - 1600.00	2500.00 - 2650.00	-		42.00 - 45.00	40.00 - 43.00		
Batticaloa	750.00 - 850.00	1300.00 - 1450.00	2450.00 - 2600.00	2800.00 - 3000.00	3900.00 - 4000.00	2700.00 - 2850.00	1500.00 - 1650.00	3000.00 - 3250.00		48.00 - 49.00	46.00 - 47.00		
Trincomalee	-	-	-	-	-	-	-	-		-	-		
Veyangoda	800.00 - 840.00	1100.00 - 1200.00	-	2800.00 - 3000.00	-	-	-	3100.00 - 3200.00		41.00 - 42.00	38.00 - 40.00		
Galenbindunuwewa	800.00 - 850.00	1400.00 - 1450.00	2500.00 - 2600.00	3600.00 - 3650.00	3800.00 - 4000.00	2500.00 - 2650.00	2500.00 - 2500.00	-		-	40.00 - 40.00		
Bandarawela	-	-	-	3000.00 - 3100.00	-	-	-	-		42.00 - 43.00	40.00 - 41.00		
Matale	900.00 - 1000.00	1400.00 - 1500.00	1000.00 - 1000.00	3100.00 - 3200.00	3400.00 - 3500.00	2100.00 - 2200.00	1900.00 - 2000.00	2800.00 - 3000.00		44.00 - 46.00	40.00 - 42.00		

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1400.00 – 2500.00	2200.00 – 4000.00	3600.00 – 3800.00	2800.00 – 3700.00	1800.00 – 2800.00	2000.00 – 3600.00	1000.00 – 1600.00						
Gampaha	–	2600.00 – 2800.00	3500.00 – 3600.00	2900.00 – 3000.00	2200.00 – 2400.00	–	–						
Kurunegala	–	–	–	–	–	–	–						
Nikaweratiya	1400.00 – 1600.00	3000.00 – 3200.00	–	–	2000.00 – 2200.00	3000.00 – 3200.00	1000.00 – 1200.00						
Dambulla	–	3000.00 – 3200.00	–	3000.00 – 3200.00	2200.00 – 2300.00	2500.00 – 2800.00	1000.00 – 1100.00						
Anuradhapura	2000.00 – 2000.00	–	–	–	1800.00 – 2000.00	–	–						
Thambuththegama	–	2500.00 – 2800.00	–	2800.00 – 3000.00	1750.00 – 2000.00	–	1000.00 – 1200.00						
Polonnaruwa	–	–	–	–	–	–	–						
Kaluthara	–	–	–	2800.00 – 3300.00	1800.00 – 2200.00	2800.00 – 3000.00	–						
Badulla	–	–	–	–	–	1600.00 – 1600.00	–						
Keppetipola	–	–	–	–	–	–	–						
Moneragala	–	–	–	–	–	–	–						
Kegalle	–	2600.00 – 2650.00	3700.00 – 3800.00	–	2600.00 – 2700.00	–	1400.00 – 1500.00						
Ampara	1400.00 – 1600.00	2500.00 – 2800.00	3000.00 – 3000.00	2900.00 – 3000.00	2200.00 – 2400.00	1400.00 – 1500.00	–						
Dehiattakandiya	–	–	–	–	–	–	–						
Nuwaraeliya	–	–	–	–	–	–	–						
Kandy	–	–	–	3100.00 – 3200.00	2400.00 – 2500.00	2300.00 – 2400.00	1300.00 – 1400.00						
Puttalam	2000.00 – 2200.00	2400.00 – 2600.00	–	3000.00 – 3200.00	1600.00 – 1800.00	1400.00 – 1600.00	1120.00 – 1250.00						
Hambantota	–	–	–	–	–	–	–						
Rathnapura	2000.00 – 2160.00	2700.00 – 2840.00	3400.00 – 3400.00	3100.00 – 3200.00	2000.00 – 2400.00	2900.00 – 3000.00	1040.00 – 1200.00						
Matara	–	–	–	–	–	–	–						
Galle	–	–	–	–	–	–	–						
Tissamaharama	–	–	–	–	–	–	–						
Meegoda	–	–	–	3000.00 – 3000.00	2200.00 – 2400.00	–	1000.00 – 1000.00						
Embilipitiya	2400.00 – 2500.00	2600.00 – 2700.00	–	–	2200.00 – 2400.00	–	1250.00 – 1400.00						
Jaffna	–	–	–	–	–	–	–						
Vavuniya	1600.00 – 1700.00	2700.00 – 2800.00	2800.00 – 2900.00	2850.00 – 2950.00	1600.00 – 1700.00	1600.00 – 1700.00	–						
Mannar	1350.00 – 1400.00	2750.00 – 2800.00	–	2550.00 – 2600.00	–	1000.00 – 1100.00	–						
Killinochchi	–	–	–	–	–	–	–						
Mullaittivu	1500.00 – 1600.00	2600.00 – 2800.00	2900.00 – 3200.00	2750.00 – 2800.00	–	1000.00 – 1100.00	1200.00 – 1300.00						
Batticaloa	1500.00 – 1600.00	2200.00 – 2400.00	–	–	1800.00 – 2000.00	–	–						
Trincomalee	–	–	–	–	–	–	–						
Veyangoda	1800.00 – 2000.00	–	–	–	–	–	–						
Galenbindunuwewa	2000.00 – 2000.00	3500.00 – 3650.00	3500.00 – 3650.00	3500.00 – 3500.00	2400.00 – 2500.00	3200.00 – 3300.00	1000.00 – 1000.00						
Bandarawela	–	–	–	–	–	–	–						
Matale	–	3000.00 – 3100.00	–	3100.00 – 3200.00	2000.00 – 2200.00	1900.00 – 2100.00	1000.00 – 1100.00						

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	3000.00 - 3300.00	1300.00 - 1490.00	1150.00 - 1430.00	4200.00 - 4800.00	2700.00 - 2700.00
Gampaha	-	1250.00 - 1380.00	1300.00 - 1400.00	4200.00 - 4200.00	2600.00 - 2600.00
Kurunegala	-	-	-	-	-
Nikaweratiya	2600.00 - 2700.00	1250.00 - 1350.00	-	-	-
Dambulla	-	1300.00 - 1350.00	1450.00 - 1480.00	-	2700.00 - 2800.00
Anuradhapura	2400.00 - 2500.00	1300.00 - 1400.00	-	-	2450.00 - 2700.00
Thambuththegama	-	1250.00 - 1350.00	-	-	2600.00 - 3000.00
Polonnaruwa	2700.00 - 3000.00	1450.00 - 1480.00	1500.00 - 1500.00	4000.00 - 4000.00	2600.00 - 2600.00
Kaluthara	3000.00 - 3000.00	1350.00 - 1380.00	1350.00 - 1350.00	-	2700.00 - 2700.00
Badulla	2600.00 - 2700.00	1450.00 - 1600.00	-	3700.00 - 3700.00	-
Keppetipola	2400.00 - 2400.00	1400.00 - 1450.00	1500.00 - 1550.00	3600.00 - 3600.00	-
Moneragala	2800.00 - 2800.00	1350.00 - 1450.00	1600.00 - 1650.00	-	2900.00 - 3200.00
Kegalle	2800.00 - 2850.00	1400.00 - 1450.00	1320.00 - 1350.00	3800.00 - 4000.00	2950.00 - 3000.00
Ampara	2400.00 - 2500.00	1380.00 - 1450.00	-	-	2900.00 - 3200.00
Dehiattakandiya	-	-	-	-	2550.00 - 3050.00
Nuwaraeliya	3600.00 - 3800.00	1400.00 - 1450.00	1500.00 - 1550.00	3800.00 - 3900.00	2900.00 - 3100.00
Kandy	2700.00 - 2800.00	1300.00 - 1320.00	1200.00 - 1250.00	4200.00 - 4200.00	2800.00 - 3000.00
Puttalam	2650.00 - 2700.00	1400.00 - 1450.00	1700.00 - 1800.00	4500.00 - 4500.00	-
Hambantota	-	-	-	-	-
Rathnapura	3000.00 - 3000.00	1380.00 - 1400.00	1300.00 - 1350.00	4200.00 - 4200.00	2700.00 - 2700.00
Matara	-	-	-	-	-
Galle	-	-	-	-	-
Tissamaharama	-	1400.00 - 1450.00	-	-	-
Meegoda	-	1380.00 - 1400.00	1400.00 - 1400.00	-	3000.00 - 3000.00
Embilipitiya	-	1220.00 - 1300.00	1280.00 - 1320.00	-	2650.00 - 3100.00
Jaffna	-	-	-	-	-
Vavuniya	2400.00 - 2500.00	1400.00 - 1500.00	1550.00 - 1650.00	4200.00 - 4300.00	-
Mannar	-	-	-	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2300.00 - 2300.00	1500.00 - 1550.00	1600.00 - 1600.00	-	-
Batticaloa	2400.00 - 2500.00	1400.00 - 1500.00	1600.00 - 1700.00	4000.00 - 4200.00	-
Trincomalee	-	-	-	-	-
Veyangoda	2800.00 - 3000.00	-	1200.00 - 1300.00	4400.00 - 4400.00	2600.00 - 2600.00
Galenbindunuwewa	2600.00 - 2600.00	1280.00 - 1280.00	1450.00 - 1450.00	4500.00 - 4500.00	2500.00 - 2500.00
Bandarawela	2500.00 - 2550.00	1250.00 - 1350.00	-	4000.00 - 4100.00	-
Matale	2600.00 - 2700.00	1280.00 - 1350.00	-	4400.00 - 4500.00	2800.00 - 2900.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/each)

Week 35: 28 Aug - 03 Sep 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	160.00 · 170.00	165.00	165.00	184.29	0.00	-10.47
Samba 1	225.00 · 230.00	226.67	227.86	232.22	-0.52	-2.39	Small	140.00 · 150.00	145.63	146.25	158.57	-0.43	-8.16
Samba 2	220.00 · 222.00	220.67	220.80	226.50	-0.06	-2.58							
Keeri Samba	250.00 · 300.00	272.00	273.33	283.33	-0.49	-4.00	<u>Fruits (Rs/kg)</u>						
Nadu 1	190.00 · 200.00	194.29	198.13	205.00	-1.94	-5.23	Plantain						
Nadu 2	185.00 · 192.00	189.00	190.80	195.00	-0.94	-3.08	Ambul	170.00 · 260.00	219.09	213.33	116.00	2.70	88.87
Raw (Red)	160.00 · 170.00	165.71	166.25	193.00	-0.32	-14.14	Kolikuttu	380.00 · 480.00	440.00	422.50	236.36	4.14	86.15
Raw (White)	175.00 · 185.00	179.29	179.29	192.78	0.00	-7.00	Seeni	140.00 · 200.00	173.64	165.00	92.00	5.23	88.74
Imported							Anamalu	200.00 · 270.00	241.82	260.00	230.22	-6.99	5.04
Samba	220.00 · 225.00	222.50	222.50		0.00		Ambun	220.00 · 300.00	256.36	262.73	240.00	-2.42	6.82
Nadu	-						Papaw	160.00 · 230.00	190.00	181.11	105.56	4.91	80.00
Raw (Red)	-						Passion Fruit	400.00 · 550.00	456.25	427.78	490.00	6.66	-6.89
Raw (White)	-						Pineapple	300.00 · 350.00	326.25	302.50	263.75	7.85	23.70
<u>Dried Chillies</u>							Pineapple Medium						
Imported	1050.00 · 1200.00	1116.67	1116.67	625.00	0.00	78.67	Pineapple Small						
<u>Onion</u>							Mango						
Sinnan	-			165.00			Betti	-					
Vedalan	250.00 · 330.00	288.33	278.00	256.67	3.72	12.34	Karthakolomban	1500.00 · 1800.00	1666.67	1633.33	1166.25	2.04	42.91
Imported	-			265.00			Vilad	600.00 · 900.00	740.91	1000.00	650.00	-25.91	13.99
<u>Biq Onion</u>							Kohu	-					
Imported	250.00 · 280.00	260.83	272.86	109.38	-4.41	138.48	<u>Other</u>						
Local	-						Wood Apple	200.00 · 250.00	228.75	250.91	248.75	-8.83	-8.04
<u>Potato</u>							Orange	300.00 · 450.00	356.25	309.09	210.00	15.26	69.64
Welimada	-						Avocado	300.00 · 500.00	383.33	337.50	345.00	13.58	11.11
N'Eliya	280.00 · 380.00	336.00	297.50	262.50	12.94	28.00	Slime Apple	250.00 · 350.00	306.25	250.00	450.00	22.50	-31.94
Imported	180.00 · 220.00	191.43	195.00	173.00	-1.83	10.65	Grapes Imp.,	1400.00 · 1950.00	1683.33	1738.33	1610.00	-3.16	4.55
<u>Pulses</u>							King Coconut	170.00 · 220.00	193.00	203.33	140.00	-5.08	37.86
Green Gram	700.00 · 750.00	725.00	725.00	812.00	0.00	-10.71							
Cowpea (White)	650.00 · 700.00	675.00	662.50		1.89		<u>Sea Fish</u>						
Cowpea (Red)	620.00 · 700.00	662.50	662.50	1037.50	0.00	-36.14	Salaya	600.00 · 700.00	640.00	572.22	350.00	11.84	82.86
Red Dhal	230.00 · 245.00	237.50	232.86	242.43	1.99	-2.03	Hurulla	800.00 · 1000.00	860.00	1122.22	956.25	-23.37	-10.07
<u>Vegetable</u>							Balaya	1000.00 · 1200.00	1120.00	1118.18	800.00	0.16	40.00
Beans (Butter)	-						Kelawalla	2000.00 · 2200.00	2080.00	1862.50	1487.50	11.68	39.83
Beans (Green)	300.00 · 450.00	375.00	400.00	315.38	-6.25	18.90	Thora	3800.00 · 4200.00	4000.00	3300.00	3300.00	21.21	21.21
Carrot	180.00 · 220.00	202.00	182.00	205.45	10.99	-1.68	Paraw	1200.00 · 1600.00	1480.00	1445.45	1285.71	2.39	15.11
Leeks	130.00 · 200.00	160.00	163.00	86.67	-1.84	84.62	Mora	1800.00 · 2400.00	2080.00	1387.50	1050.00	49.91	98.10
Beetroot	230.00 · 330.00	292.22	234.00	91.67	24.88	218.79	Shrimps	2000.00 · 2200.00	2040.00	2128.57	1766.67	-4.16	15.47
Knolkhol	100.00 · 130.00	115.45	114.00	84.17	1.28	37.17	Thalapath	2200.00 · 2500.00	2340.00	2433.33	1875.00	-3.84	24.80
Raddish	60.00 · 100.00	77.00	77.27	67.27	-0.35	14.46	<u>Eggs</u>						
Cabbage	140.00 · 230.00	182.73	161.67	148.46	13.03	23.08	Brown	37.00 · 39.00	37.75	40.75	32.33	-7.36	16.75
Tomato	250.00 · 350.00	294.00	278.00	118.18	5.76	148.77	White	35.00 · 37.00	36.20	38.69	28.50	-6.43	27.02
Ladies Fingers	80.00 · 130.00	108.00	102.00	115.83	5.88	-6.76	<u>Dried Fish</u>						
Brinjal	300.00 · 450.00	367.00	325.00	300.00	12.92	22.33	Sprats	1500.00 · 2000.00	1662.50	1680.00	1850.00	-1.04	-10.14
Capsicum	250.00 · 500.00	354.55	330.00	258.46	7.44	37.18	Sprats (Imported)	1100.00 · 1350.00	1200.00	1236.36	1050.00	-2.94	14.29
Pumpkin	130.00 · 170.00	151.00	141.00	40.00	7.09	277.50	Kattawa	2500.00 · 2500.00	2500.00	2475.00		1.01	
Cucumber	60.00 · 100.00	80.00	74.55	113.64	7.32	-29.60	Kattawa (Imported)	1500.00 · 2000.00	1816.67	1840.00	1410.00	-1.27	28.84
Bitter Gourd	250.00 · 350.00	294.00	315.00	255.00	-6.67	15.29	Thora	2350.00 · 2350.00	2350.00	2380.00	2370.00	-1.26	-0.84
Snake Gourd	120.00 · 220.00	167.00	240.00	145.45	-30.42	14.81	Thora (Imported)	-		2542.86			
Drumstick	60.00 · 150.00	103.33	112.50	275.00	-8.15	-62.42	Mora	2250.00 · 2700.00	2479.17	2380.00	2370.00	4.17	4.61
Luffa	100.00 · 150.00	125.00	107.27	180.00	16.53	-30.56	Mora (Imported)	2400.00 · 2700.00	2500.00	1885.71	1800.00	32.58	38.89
Long Beans	150.00 · 250.00	183.64	124.17	176.36	47.90	4.12	Balaya	1500.00 · 1900.00	1750.00	1781.82	1220.00	-1.79	43.44
Ash Plantain	130.00 · 160.00	145.00	142.00	53.33	2.11	171.88	Balaya (Imported)	1700.00 · 1800.00	1750.00	1966.67		-11.02	
Green Chillies	300.00 · 550.00	425.00	375.00	108.00	13.33	293.52	Anguluwa	1750.00 · 2200.00	2037.50	1683.33	510.00	21.04	299.51
Lime	300.00 · 400.00	365.00	328.00	454.55	11.28	-19.70	Anguluwa (Imported)	1800.00 · 2200.00	1975.00	1885.71	1800.00	4.73	9.72
<u>Root Crops</u>							Maduwa	1200.00 · 1700.00	1462.50	1683.33	510.00	-13.12	186.76
Sweet Potato	100.00 · 140.00	123.00	139.00	131.67	-11.51	-6.58	Maduwa (Imported)	-					
Manioc	80.00 · 120.00	100.00	116.00	85.00	-13.79	17.65	Koduwa	-		837.50	550.00		
<u>Leafy Vegetable</u>							Koduwa (Imported)	-					
Mukunuwenna	110.00 · 130.00	121.67	114.29	127.50	6.46	-4.58	Salaya	900.00 · 1000.00	950.00	837.50	550.00	13.43	72.73
Kankun	110.00 · 130.00	121.67	115.00	127.50	5.80	-4.58	Salaya (Imported)	-					
Gotukola	250.00 · 280.00	262.22	265.56	310.00	-1.26	-15.41							

This Week: Week 35: 28 Aug - 03 Sep 2026

Last Week: Week 34: 21 - 27 Aug 2026

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 35: 28 Aug - 03 Sep 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	170.00 · 190.00	180.53	180.19	210.00	0.33	-14.04
Samba 1	240.00 · 260.00	243.00	245.24	247.14	-2.24	-1.68	Small	150.00 · 160.00	153.53	153.42	186.33	0.11	-17.60
Samba 2													
Keeri Samba	260.00 · 360.00	280.00	283.18	291.11	-3.18	-3.82	<u>Fruits (Rs/fruit)</u>						
Nadu 1	220.00 · 230.00	226.30	226.96	231.60	-0.65	-2.29	Plantain						
Nadu 2							Ambul (Rs/kg)	250.00 · 370.00	325.77	280.71	179.09	45.05	81.90
Raw (Red)	180.00 · 220.00	202.73	205.22	216.60	-2.49	-6.40	Kolikuttu (Rs/kg)	400.00 · 650.00	561.60	526.72	322.08	34.88	74.36
Raw (White)	200.00 · 220.00	209.95	206.96	215.54	3.00	-2.59	Seeni (Rs/kg)	230.00 · 320.00	273.46	250.00	172.92	23.46	58.15
Imported							Anamalu	300.00 · 400.00	366.50	367.73	354.43	-1.23	3.40
Samba	235.00 · 260.00	249.00	247.00		2.00		Ambun	320.00 · 400.00	365.22	369.09	369.82	-3.87	-1.24
Nadu							Papaw(Rs/kg)	230.00 · 360.00	284.62	271.94	197.50	12.68	44.11
Raw (Red)							Passion Fruit	600.00 · 1000.00	763.81	758.64	767.60	5.17	-0.49
Raw (White)							Pineapple Large	450.00 · 650.00	545.56	475.36	328.18	70.20	66.24
<u>Dried Chillies</u>							Pineapple Medium						
Imported	1200.00 · 1500.00	1375.00	1370.83	850.00	4.17	61.76	Pineapple Small						
<u>Onion</u>							Mango						
Sinnan							Betti						
Vedalan	350.00 · 600.00	600.00	454.35	400.00	145.65	50.00	Karthakolomban			2000.00	1527.27		
Imported							Vilad				786.67		
<u>Big Onion</u>							Kohu						
Imported	280.00 · 360.00	315.20	299.26	173.44	15.94	81.74	<u>Other</u>						
Local							Wood Apple	350.00 · 700.00	528.80	606.15	523.91	-77.35	0.93
<u>Potato</u>							Orange	400.00 · 800.00	583.81	581.74	525.00	2.07	11.20
Welimada							Avocado	550.00 · 800.00	675.19	686.36	552.00	-11.18	22.32
N'Eliya	360.00 · 480.00	428.75	421.18	410.83	7.57	4.36	Slime Apple	400.00 · 800.00	609.13	576.67	727.78	32.46	-16.30
Imported	200.00 · 280.00	232.73	230.42	224.38	2.31	3.72	Grapes (Imp., Rs/kg)	1900.00 · 2800.00	2252.63	2573.68	2223.81	-321.05	1.30
<u>Pulses</u>							King Coconut	220.00 · 300.00	253.91	246.54	181.30	7.37	40.05
Green Gram	800.00 · 1200.00	957.27	968.91	982.50	-11.64	-2.57	<u>Sea Fish</u>						
Cowpea (White)	800.00 · 1200.00	960.00	947.73	1128.57	12.27	-14.94	Salaya	700.00 · 1000.00	857.14	846.00	493.16	11.14	73.81
Cowpea (Red)	800.00 · 1200.00	967.00	950.91	1105.56	16.09	-12.53	Hurulla	900.00 · 1520.00	1128.89	1393.33	1196.15	-264.44	-5.62
Red Dhal	250.00 · 320.00	287.50	275.96	279.63	11.54	2.81	Balaya	1200.00 · 2000.00	1650.00	1833.33	1074.67	-183.33	53.54
<u>Vegetable</u>							Kelawalla	2600.00 · 3600.00	3100.00	3065.00	2232.86	35.00	38.84
Beans (Butter)							Thora	4000.00 · 5000.00	4560.00	4450.00	4328.57	110.00	5.35
Beans(Green)	400.00 · 650.00	523.14	564.72	489.67	-41.58	6.84	Paraw	1600.00 · 3000.00	2084.71	2673.33	1953.85	-588.63	6.70
Carrot	250.00 · 480.00	384.85	380.86	408.93	3.99	-5.89	Mora	2000.00 · 2600.00	2325.00	2316.67	1361.11	8.33	70.82
Leeks	220.00 · 480.00	359.46	335.83	266.55	23.63	34.86	Shrimps	2200.00 · 2600.00	2416.67	2397.78	2110.00	18.89	14.53
Beetroot	350.00 · 600.00	436.76	376.94	233.93	59.81	86.71	Thalapath	2400.00 · 3660.00	3227.06	3355.29	2786.67	-128.24	15.80
Knolkhol	200.00 · 480.00	327.19	315.94	250.80	11.25	30.46	<u>Eggs</u>						
Raddish	150.00 · 400.00	268.61	255.14	222.31	13.47	20.83	Brown	38.00 · 45.00	41.29	43.07	33.90	-1.79	21.79
Cabbage	280.00 · 480.00	407.22	315.83	301.85	91.39	34.91	White	36.00 · 44.00	39.82	41.33	30.95	-1.51	28.66
Tomato	350.00 · 600.00	506.76	476.86	252.41	29.90	100.76	<u>Dried Fish</u>						
Ladies Fingers	180.00 · 400.00	301.62	284.17	258.40	17.45	16.73	Sprats	2000.00 · 3200.00	2547.06	2557.14	1402.27	-10.08	81.64
Brinjal	400.00 · 800.00	556.39	495.95	455.86	60.44	22.05	Sprats (Imported)	1400.00 · 2500.00	1864.00	1930.43	2231.25	-66.43	-16.46
Capsicum	450.00 · 1000.00	636.57	603.33	410.34	33.24	55.13	Kattawa	2200.00 · 4000.00	3062.50	3255.00	2360.71	-192.50	29.73
Pumpkin	180.00 · 320.00	278.00	257.22	150.69	20.78	84.49	Thora	3600.00 · 3800.00	3666.67	4100.00		-433.33	
Cucumber	120.00 · 320.00	226.29	201.67	222.86	24.62	1.54	Mora	2800.00 · 3700.00	3166.67	3218.75	2835.00	-52.08	11.70
Bitter Gourd	350.00 · 600.00	491.11	473.51	408.00	17.60	20.37	Balaya	1800.00 · 2800.00	2327.27	2340.00	2104.76	-12.73	10.57
Snake Gourd	200.00 · 600.00	384.29	402.50	296.80	-18.21	29.48	Anguluwa	2000.00 · 3600.00	2862.50	3025.00	2466.67	-162.50	16.05
Drumstick	200.00 · 480.00	328.11	343.06	414.81	-14.95	-20.90	Maduwa				1955.56		
Luffa	200.00 · 480.00	372.35	371.11	335.86	1.24	10.86	Koduwa						
Long Beans	200.00 · 500.00	384.52	335.28	309.60	49.24	24.20	Salaya	1000.00 · 1600.00	1342.86	1400.00	1093.33	-57.14	22.82
Ash Plantain	200.00 · 400.00	294.71	276.67	215.93	18.04	36.48	<u>Meat</u>						
Green Chillies	500.00 · 1000.00	764.29	754.17	371.43	10.12	105.77	Beef (without Bones)	3000.00 · 3300.00	3183.33	3180.00	2712.50	3.33	17.36
Lime	400.00 · 1000.00	727.63	646.67	667.00	80.96	9.09	Chicken (Broiler)	1300.00 · 1490.00	1408.00	1368.57	1419.09	39.43	-0.78
<u>Root Crops</u>							Chicken (Curry)	1150.00 · 1430.00	1265.00	1336.00	1321.00	-71.00	-4.24
Sweet Potato	180.00 · 360.00	283.53	286.76	256.15	-3.24	10.69	Mutton	4200.00 · 4800.00	4483.33	4566.67	3822.22	-83.33	17.30
Manioc	160.00 · 260.00	204.06	206.39	198.80	-2.33	2.65	Pork	2700.00 · 2700.00	2700.00	2700.00	2583.33	0.00	4.52
<u>Leafy Vegetable</u>													
Mukunuwenna	150.00 · 250.00	200.00	205.00	217.06	-5.00	-7.86							
Kankun	150.00 · 250.00	200.00	205.00	213.53	-5.00	-6.34							
Gotukola	300.00 · 450.00	383.33	380.00	575.12	3.33	-33.35							

This Week: Week 35: 28 Aug - 03 Sep 2026
Last Week: Week 34: 21 - 27 Aug 2026

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	120.00 – 152.50	140.50
A'pura	105.00 – 110.00	108.00	Dambulla	320.00 – 380.00	346.00	Hambantota	–	
P'naruwa	109.00 – 113.00	111.33	Welimada	270.00 – 290.00	281.00	Embilipitiya	240.00 – 260.00	250.00
Kalawewa	110.00 – 113.00	111.00	Badulla	–		Matara	–	
Kurunegala	–		Carrot			A'pura	–	
Dehiattakandiya	108.00 – 115.00	110.33	N'Eliya	180.00 – 190.00	184.00	Luffa		
Nikaweratiya	110.00 – 115.00	112.25	Welimada	130.00 – 150.00	143.00	Dambulla	135.00 – 145.00	140.00
Ampara	110.00 – 118.00	114.00	Hanguranketha	130.00 – 150.00	143.75	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	180.00 – 200.00	190.00
A'pura	95.00 – 100.00	98.00	N'Eliya	150.00 – 160.00	156.00	Matara	–	
P'naruwa	94.00 – 98.00	96.33	Welimada	120.00 – 135.00	128.00	A'pura	–	
Kalawewa	98.00 – 105.00	101.00	Beetroot			Green Chillies		
Kurunegala	–		N'Eliya	170.00 – 180.00	175.00	Dambulla	340.00 – 400.00	370.00
Dehiattakandiya	98.00 – 100.00	99.33	Dambulla	210.00 – 230.00	220.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	530.00 – 560.00	545.00
Nikaweratiya	100.00 – 103.00	101.60	Welimada	170.00 – 190.00	181.00	Puttalam	285.00 – 300.00	288.75
Hambantota	–		Hanguranketha	–		A'pura	300.00 – 300.00	300.00
Ampara	97.00 – 102.00	99.75	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	110.00 – 115.00	112.00	Dambulla	125.00 – 135.00	129.00
Matara	–		Welimada	100.00 – 125.00	115.00	Hambantota	–	
Hambantota	–		Hanguranketha	65.00 – 80.00	71.00	Embilipitiya	130.00 – 150.00	140.00
Embilipitiya	98.00 – 100.00	99.00	Raddish			Matara	–	
Keeri Samba			N'Eliya	50.00 – 60.00	54.00	A'pura	–	
A'pura	117.00 – 117.00	117.00	Welimada	35.00 – 50.00	44.00	Moneragala	100.00 – 120.00	108.00
P'naruwa	122.00 – 125.00	123.50	Hambantota	–		Cucumber		
Kalawewa	130.00 – 132.00	130.67	Hanguranketha	50.00 – 65.00	57.50	A'pura	60.00 – 70.00	65.00
Kurunegala	–		Cabbage			Dambulla	50.00 – 76.00	61.40
Dehiattakandiya	118.00 – 125.00	121.00	N'Eliya	140.00 – 150.00	145.00	Hambantota	–	
Red Onion			Welimada	140.00 – 165.00	153.00	Matara	–	
Puttalam	228.00 – 285.00	251.75	Badulla	–		Long Beans		
Jaffna	–		Hanguranketha	130.00 – 150.00	141.25	Dambulla	110.00 – 172.50	143.00
Big Onion			Tomato			Hambantota	–	
Dambulla	255.00 – 260.00	258.75	Welimada	240.00 – 260.00	253.00	Embilipitiya	250.00 – 260.00	255.00
Kalawewa	–		Hambantota	–		Matara	–	
A'pura	–		Dambulla	190.00 – 220.00	202.00	A'pura	70.00 – 80.00	75.00
Potato			Hanguranketha	210.00 – 225.00	218.75	Ash Plantain		
N'Eliya	275.00 – 290.00	282.00	<u>Vegetable (Low Country)</u>			Hambantota	–	
Badulla	–		Ladies Fingers			Embilipitiya	100.00 – 110.00	105.00
Welimada	260.00 – 280.00	270.00	A'pura	–		Matara	–	
<u>Pulses</u>			Dambulla	76.00 – 86.00	81.20	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	120.00 – 130.00	125.00	Embilipitiya	200.00 – 230.00	215.00
Moneragala	550.00 – 600.00	570.00	Matara	–		Moneragala	400.00 – 420.00	408.00
Embilipitiya	590.00 – 600.00	595.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	450.00 – 500.00	477.50	A'pura	100.00 – 100.00	100.00	Banana		
A'pura	–		Dambulla	280.00 – 320.00	298.00	Ambul		
Cowpea			Hambantota	–		Moneragala	70.00 – 80.00	74.00
Hambantota	–		Embilipitiya	300.00 – 320.00	310.00	Embilipitiya	140.00 – 180.00	160.00
Nikaweratiya	–		Matara	–		Hambantota	–	
Moneragala	350.00 – 400.00	370.00	Welimada	260.00 – 280.00	267.00	Kolikuttu		
Embilipitiya	590.00 – 600.00	595.00	Capsicum			Moneragala	240.00 – 260.00	248.00
Maize			Badulla	–		Embilipitiya	350.00 – 400.00	375.00
A'pura	–		Welimada	300.00 – 350.00	322.50	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	–		Moneragala	100.00 – 120.00	108.00
A'pura	–		Dambulla	220.00 – 260.00	235.00	Embilipitiya	180.00 – 190.00	185.00
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	330.00 – 350.00	340.00	Pineapple		
A'pura	–		Matara	–		Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 35: 28 Aug - 03 Sep 2026

27

CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Rice</u>																											
Local																											
Samba 1	240.00	-	240.00	240.00	-	240.00	240.00	-	240.00	240.00	-	240.00	240.00	-	260.00	240.00	-	240.00	240.00	-	240.00	240.00	-	240.00	240.00	-	240.00
Samba 2		-			-			-			-			-			-			-			-			-	
Keeri Samba		-		260.00	-	260.00	260.00	-	260.00	320.00	-	320.00	260.00	-	260.00	260.00	-	360.00	300.00	-	340.00	260.00	-	260.00	260.00	-	260.00
Nadu 1	220.00	-	230.00	220.00	-	220.00	230.00	-	230.00	220.00	-	225.00	220.00	-	230.00	230.00	-	230.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00
Nadu 2		-			-			-			-			-			-			-			-			-	
Raw (Red)	200.00	-	220.00	180.00	-	180.00	190.00	-	220.00	200.00	-	200.00	200.00	-	200.00	180.00	-	220.00	200.00	-	220.00	180.00	-	200.00	210.00	-	220.00
Raw (White)	200.00	-	220.00	200.00	-	200.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	210.00	-	220.00
Imported																											
Samba	235.00	-	235.00		-		250.00	-	260.00	240.00	-	260.00		-			-			-			-			-	
Nadu		-			-			-			-			-			-			-			-			-	
Raw (Red)		-			-			-			-			-			-			-			-			-	
Raw (White)		-			-			-			-			-			-			-			-			-	
<u>Dried Chillies</u>																											
Imported	1200.00	-	1250.00	1200.00	-	1200.00	1400.00	-	1500.00	1500.00	-	1500.00	1400.00	-	1500.00	1400.00	-	1500.00	1200.00	-	1200.00	1350.00	-	1400.00	1200.00	-	1200.00
<u>Red Onion</u>																											
Sinnan		-			-			-			-			-			-			-			-			-	
Vedalan	350.00	-	400.00	560.00	-	600.00	440.00	-	480.00	480.00	-	560.00	540.00	-	600.00	440.00	-	480.00	400.00	-	400.00	350.00	-	400.00	600.00	-	600.00
Imported		-			-			-			-			-			-			-			-			-	
<u>Big Onion</u>																											
Imported	300.00	-	320.00	320.00	-	360.00	300.00	-	320.00	320.00	-	360.00	340.00	-	340.00	300.00	-	340.00	300.00	-	320.00	280.00	-	320.00	300.00	-	320.00
Local		-			-			-			-			-			-			-			-			-	
<u>Potato</u>																											
Welimada		-			-			-			-			-			-			-			-			-	
N'Eliya	360.00	-	360.00	400.00	-	480.00	400.00	-	400.00	480.00	-	480.00	460.00	-	480.00	400.00	-	400.00		-		400.00	-	400.00	360.00	-	400.00
Imported	200.00	-	220.00	280.00	-	280.00	240.00	-	240.00	240.00	-	240.00	240.00	-	280.00	220.00	-	240.00	240.00	-	240.00	240.00	-	260.00	200.00	-	240.00
<u>Pulses</u>																											
Green Gram	850.00	-	900.00	900.00	-	900.00	900.00	-	1000.00	1000.00	-	1200.00	880.00	-	1000.00	900.00	-	1000.00	800.00	-	880.00	800.00	-	900.00	1100.00	-	1200.00
Cowpea (White)	800.00	-	900.00	900.00	-	900.00	960.00	-	1000.00	1000.00	-	1200.00	900.00	-	1000.00	900.00	-	1000.00	880.00	-	880.00	820.00	-	880.00	1200.00	-	1200.00
Cowpea (Red)	820.00	-	900.00	900.00	-	900.00	900.00	-	1000.00	1000.00	-	1200.00	900.00	-	1000.00	900.00	-	1000.00	880.00	-	880.00	800.00	-	880.00	1200.00	-	1200.00
Red Dhal	250.00	-	260.00	280.00	-	320.00	280.00	-	280.00	280.00	-	300.00	280.00	-	320.00	260.00	-	280.00	300.00	-	320.00	260.00	-	300.00	320.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 35: 28 Aug - 03 Sep 2026

28

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	400.00 - 450.00	640.00 - 650.00	500.00 - 600.00	600.00 - 650.00	480.00 - 600.00	480.00 - 500.00	450.00 - 520.00	480.00 - 600.00	480.00 - 480.00
Carrot	250.00 - 300.00	400.00 - 480.00	320.00 - 400.00	400.00 - 480.00	300.00 - 400.00	400.00 - 400.00	280.00 - 350.00	320.00 - 400.00	320.00 - 400.00
Leeks	220.00 - 280.00	480.00 - 480.00	320.00 - 400.00	400.00 - 480.00	300.00 - 400.00	320.00 - 400.00	280.00 - 320.00	320.00 - 400.00	320.00 - 480.00
Beetroot	350.00 - 400.00	480.00 - 560.00	400.00 - 480.00	480.00 - 600.00	400.00 - 450.00	350.00 - 400.00	350.00 - 450.00	400.00 - 480.00	400.00 - 480.00
Knolkhol	200.00 - 250.00	400.00 - 480.00	300.00 - 320.00	450.00 - 480.00	280.00 - 320.00	-	240.00 - 300.00	240.00 - 400.00	320.00 - 400.00
Raddish	150.00 - 200.00	360.00 - 400.00	240.00 - 280.00	320.00 - 400.00	240.00 - 320.00	240.00 - 240.00	160.00 - 220.00	220.00 - 240.00	270.00 - 320.00
Cabbage	280.00 - 320.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	320.00 - 400.00	300.00 - 400.00	400.00 - 480.00	400.00 - 480.00
Tomato	350.00 - 450.00	560.00 - 600.00	500.00 - 600.00	500.00 - 600.00	400.00 - 500.00	400.00 - 480.00	350.00 - 400.00	550.00 - 600.00	600.00 - 600.00
Ladies Fingers	180.00 - 240.00	350.00 - 400.00	280.00 - 320.00	350.00 - 400.00	240.00 - 300.00	320.00 - 400.00	180.00 - 240.00	300.00 - 320.00	320.00 - 400.00
Brinjal	400.00 - 500.00	560.00 - 600.00	480.00 - 520.00	700.00 - 800.00	500.00 - 600.00	500.00 - 600.00	450.00 - 500.00	480.00 - 600.00	480.00 - 600.00
Capsicum	450.00 - 500.00	700.00 - 800.00	600.00 - 700.00	800.00 - 1000.00	580.00 - 600.00	600.00 - 600.00	450.00 - 500.00	480.00 - 600.00	600.00 - 600.00
Pumpkin	240.00 - 280.00	300.00 - 320.00	280.00 - 320.00	300.00 - 320.00	240.00 - 280.00	280.00 - 320.00	180.00 - 240.00	280.00 - 320.00	280.00 - 320.00
Cucumber	120.00 - 180.00	300.00 - 320.00	200.00 - 240.00	280.00 - 320.00	200.00 - 250.00	160.00 - 200.00	160.00 - 240.00	200.00 - 240.00	200.00 - 260.00
Bitter Gourd	350.00 - 450.00	500.00 - 560.00	480.00 - 520.00	550.00 - 600.00	450.00 - 480.00	400.00 - 500.00	400.00 - 480.00	460.00 - 600.00	480.00 - 600.00
Snake Gourd	200.00 - 300.00	400.00 - 480.00	320.00 - 400.00	500.00 - 600.00	400.00 - 420.00	240.00 - 300.00	320.00 - 360.00	320.00 - 400.00	400.00 - 420.00
Drumstick	200.00 - 260.00	400.00 - 480.00	300.00 - 400.00	400.00 - 480.00	280.00 - 320.00	300.00 - 320.00	220.00 - 320.00	240.00 - 320.00	350.00 - 400.00
Luffa	200.00 - 300.00	400.00 - 480.00	380.00 - 400.00	400.00 - 480.00	320.00 - 400.00	240.00 - 240.00	300.00 - 320.00	320.00 - 480.00	400.00 - 480.00
Long Beans	200.00 - 280.00	480.00 - 500.00	320.00 - 400.00	450.00 - 480.00	320.00 - 400.00	-	320.00 - 400.00	400.00 - 480.00	450.00 - 480.00
Ash Plantain	200.00 - 240.00	400.00 - 400.00	280.00 - 320.00	320.00 - 400.00	280.00 - 320.00	280.00 - 320.00	200.00 - 280.00	240.00 - 320.00	280.00 - 320.00
Green Chillies	600.00 - 700.00	1000.00 - 1000.00	700.00 - 800.00	700.00 - 800.00	600.00 - 700.00	800.00 - 800.00	500.00 - 600.00	800.00 - 800.00	900.00 - 1000.00
Lime	400.00 - 500.00	700.00 - 800.00	700.00 - 800.00	1000.00 - 1000.00	600.00 - 700.00	800.00 - 800.00	500.00 - 600.00	800.00 - 1000.00	800.00 - 800.00
<u>Root Crops</u>									
Sweet Potato	180.00 - 200.00	320.00 - 360.00	280.00 - 320.00	350.00 - 360.00	280.00 - 320.00	320.00 - 320.00	200.00 - 240.00	300.00 - 320.00	240.00 - 350.00
Manioc	160.00 - 180.00	200.00 - 240.00	200.00 - 240.00	240.00 - 260.00	200.00 - 240.00	240.00 - 240.00	160.00 - 180.00	200.00 - 220.00	200.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	200.00 - 200.00	200.00 - 200.00	150.00 - 150.00	200.00 - 200.00	200.00 - 200.00
Kankun	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	200.00 - 200.00	200.00 - 200.00	150.00 - 150.00	200.00 - 200.00	200.00 - 200.00
Gotukola	300.00 - 300.00	400.00 - 400.00	400.00 - 400.00	450.00 - 450.00	400.00 - 400.00	400.00 - 400.00	300.00 - 300.00	400.00 - 400.00	400.00 - 400.00
<u>Coconut</u>									
Large	170.00 - 180.00	180.00 - 180.00	170.00 - 180.00	170.00 - 190.00	180.00 - 190.00	170.00 - 170.00	170.00 - 180.00	170.00 - 190.00	180.00 - 190.00
Small	150.00 - 160.00	160.00 - 160.00	150.00 - 150.00	150.00 - 150.00	150.00 - 160.00	150.00 - 150.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/kg,king Coconut Rs/nut)

Week 35: 28 Aug - 03 Sep 2026

29

CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul	350.00	-	370.00	250.00	-	350.00	300.00	-	350.00	300.00	-	300.00	320.00	-	350.00	320.00	-	350.00	250.00	-	260.00	330.00	-	350.00	350.00	-	360.00
Kolikuttu	550.00	-	600.00	650.00	-	650.00	600.00	-	600.00	500.00	-	500.00	550.00	-	550.00	550.00	-	600.00	400.00	-	580.00	550.00	-	560.00	500.00	-	580.00
Seeni	250.00	-	280.00	280.00	-	300.00	300.00	-	320.00	280.00	-	280.00	230.00	-	250.00	240.00	-	300.00	260.00	-	260.00	270.00	-	280.00	250.00	-	300.00
Anamalu	350.00	-	380.00	380.00	-	400.00	350.00	-	400.00	380.00	-	400.00	380.00	-	400.00	350.00	-	380.00	300.00	-	350.00	320.00	-	350.00		-	
Ambun	350.00	-	380.00	400.00	-	400.00	350.00	-	400.00	380.00	-	400.00	380.00	-	400.00	350.00	-	380.00	350.00	-	350.00	320.00	-	350.00		-	
<u>Pineapple</u>																											
Large	450.00	-	500.00	600.00	-	650.00	600.00	-	600.00	600.00	-	600.00	500.00	-	550.00	450.00	-	500.00	450.00	-	500.00	550.00	-	600.00	500.00	-	600.00
Medium		-			-			-			-			-			-			-			-			-	
Small		-			-			-			-			-			-			-			-			-	
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban		-			-			-			-			-			-			-			-			-	
Vilad		-			-			-			-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	350.00	-	400.00	600.00	-	700.00	500.00	-	600.00	700.00	-	700.00	500.00	-	600.00	550.00	-	600.00	350.00	-	360.00	400.00	-	400.00	550.00	-	600.00
Orange	450.00	-	500.00	600.00	-	700.00	700.00	-	800.00	700.00	-	800.00	400.00	-	400.00	400.00	-	450.00	450.00	-	500.00	600.00	-	600.00	500.00	-	600.00
Avocado	600.00	-	700.00	700.00	-	700.00	700.00	-	800.00	700.00	-	800.00	700.00	-	700.00	550.00	-	600.00	550.00	-	600.00	600.00	-	700.00	600.00	-	700.00
Slime Apple	400.00	-	460.00	700.00	-	800.00	700.00	-	700.00	800.00	-	800.00	600.00	-	700.00	550.00	-	600.00	400.00	-	450.00	600.00	-	600.00	600.00	-	700.00
Grapes	1900.00	-	2100.00	2800.00	-	2800.00	2300.00	-	2500.00	2500.00	-	2600.00	2000.00	-	2200.00	2500.00	-	2500.00	2000.00	-	2000.00	2200.00	-	2200.00	2200.00	-	2200.00
Papaw	250.00	-	280.00	300.00	-	360.00	320.00	-	350.00	280.00	-	300.00	230.00	-	280.00	300.00	-	350.00	230.00	-	250.00	250.00	-	260.00	260.00	-	280.00
Passion	600.00	-	700.00		-		800.00	-	800.00	800.00	-	900.00	700.00	-	700.00	700.00	-	800.00	600.00	-	600.00	650.00	-	700.00	900.00	-	1000.00
King Coconut	250.00	-	280.00	280.00	-	300.00	250.00	-	260.00	250.00	-	250.00	220.00	-	220.00	250.00	-	250.00	250.00	-	250.00	250.00	-	250.00	250.00	-	260.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 35: 28 Aug - 03 Sep 2026

	CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA		
30	<u>Sea Fish</u>																			
	Salaya	700.00	700.00	800.00	960.00	900.00	1000.00	900.00	1000.00	940.00	940.00	800.00	880.00	700.00	700.00	720.00	720.00	700.00	700.00	
	Hurulla	900.00	1000.00	1500.00	1520.00	1000.00	1200.00	1000.00	1300.00	1460.00	1460.00	1000.00	1120.00	900.00	1000.00	1120.00	1200.00	1000.00	1200.00	
	Balaya	1200.00	1400.00	2000.00	2000.00	2000.00	2000.00	-	-	-	-	1600.00	2000.00	1200.00	1400.00	1600.00	1800.00	1400.00	1500.00	
	Kelawalla	2600.00	2600.00	3400.00	3400.00	3000.00	3400.00	3400.00	3600.00	2900.00	2900.00	2800.00	2800.00	-	-	2800.00	2800.00	-	-	
	Thora	4000.00	4000.00	4400.00	5000.00	5000.00	5000.00	4400.00	4400.00	-	-	-	-	-	-	-	-	-	-	
	Paraw	1600.00	1800.00	2800.00	3000.00	2400.00	2400.00	2800.00	2800.00	2040.00	2040.00	1600.00	2000.00	1600.00	1800.00	1600.00	1800.00	1800.00	2000.00	
	Mora	2000.00	2200.00	-	-	2500.00	2500.00	2600.00	2600.00	-	-	-	-	-	-	-	-	-	-	
	Shrimps Small	2200.00	2400.00	2200.00	2600.00	2400.00	2600.00	2400.00	2600.00	-	-	2200.00	2200.00	-	-	-	-	2200.00	2200.00	
	Talapath	2400.00	2600.00	3400.00	3600.00	3600.00	3600.00	3400.00	3600.00	3660.00	3660.00	3600.00	3600.00	-	-	2800.00	3600.00	2800.00	3000.00	
	<u>Eggs (Rs/egg)</u>																			
	Brown	38.00	40.00	40.00	43.00	40.00	42.00	40.00	45.00	42.00	43.00	40.00	42.00	40.00	42.00	41.00	42.00	40.00	42.00	
	White	36.00	40.00	40.00	43.00	36.00	40.00	38.00	40.00	40.00	42.00	41.00	43.00	36.00	36.00	38.00	41.00	39.00	44.00	
	<u>Dried Fish</u>																			
	Sprats	2000.00	2200.00	2900.00	3000.00	2400.00	3200.00	2400.00	3000.00	3000.00	3000.00	3000.00	-	-	2000.00	2400.00	-	-	2600.00	2800.00
	Kattawa	2200.00	2300.00	3200.00	3600.00	3200.00	3200.00	3500.00	4000.00	3000.00	3000.00	2200.00	2800.00	3200.00	3200.00	3000.00	3000.00	2800.00	2800.00	
	Thora	-	-	-	-	-	-	3600.00	3800.00	-	-	-	-	-	-	3600.00	3600.00	-	-	
	Mora	2800.00	3200.00	3200.00	3200.00	3500.00	3500.00	3000.00	3700.00	-	-	3000.00	3000.00	-	-	3000.00	3200.00	3000.00	3000.00	
	Balaya	1800.00	2000.00	2400.00	2600.00	2200.00	2800.00	2800.00	2800.00	-	-	-	-	-	-	2400.00	2400.00	2000.00	2600.00	
	Anguluwa	2000.00	2200.00	3600.00	3600.00	3000.00	3000.00	3500.00	3500.00	-	-	-	-	-	-	2800.00	3000.00	2800.00	2800.00	
Salaya	1000.00	1600.00	1400.00	1400.00	-	-	-	-	-	-	-	-	1200.00	1200.00	-	-	1400.00	1600.00		
<u>Meat</u>																				
Beef (without Bones)	-	-	3300.00	3300.00	3200.00	3200.00	-	-	3100.00	3100.00	-	-	3000.00	3000.00	3200.00	3200.00	-	-		
Chicken (Broiler)	1300.00	1390.00	1490.00	1490.00	1430.00	1430.00	1420.00	1430.00	1400.00	1400.00	1300.00	1350.00	1400.00	1400.00	1400.00	1400.00	1460.00	1460.00		
Chicken (Curry)	1200.00	1200.00	1350.00	1350.00	1200.00	1200.00	1430.00	1430.00	1250.00	1250.00	1150.00	1200.00	1200.00	1200.00	1350.00	1350.00	1300.00	1300.00		
Mutton	-	-	4400.00	4400.00	4500.00	4500.00	-	-	4200.00	4200.00	-	-	4400.00	4400.00	4800.00	4800.00	4600.00	4600.00		
Pork	-	-	2700.00	2700.00	-	-	-	-	-	-	-	-	-	-	-	-	2700.00	2700.00		

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

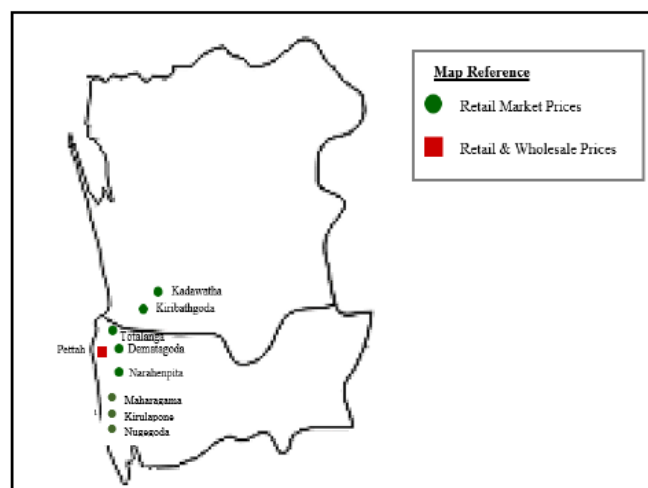
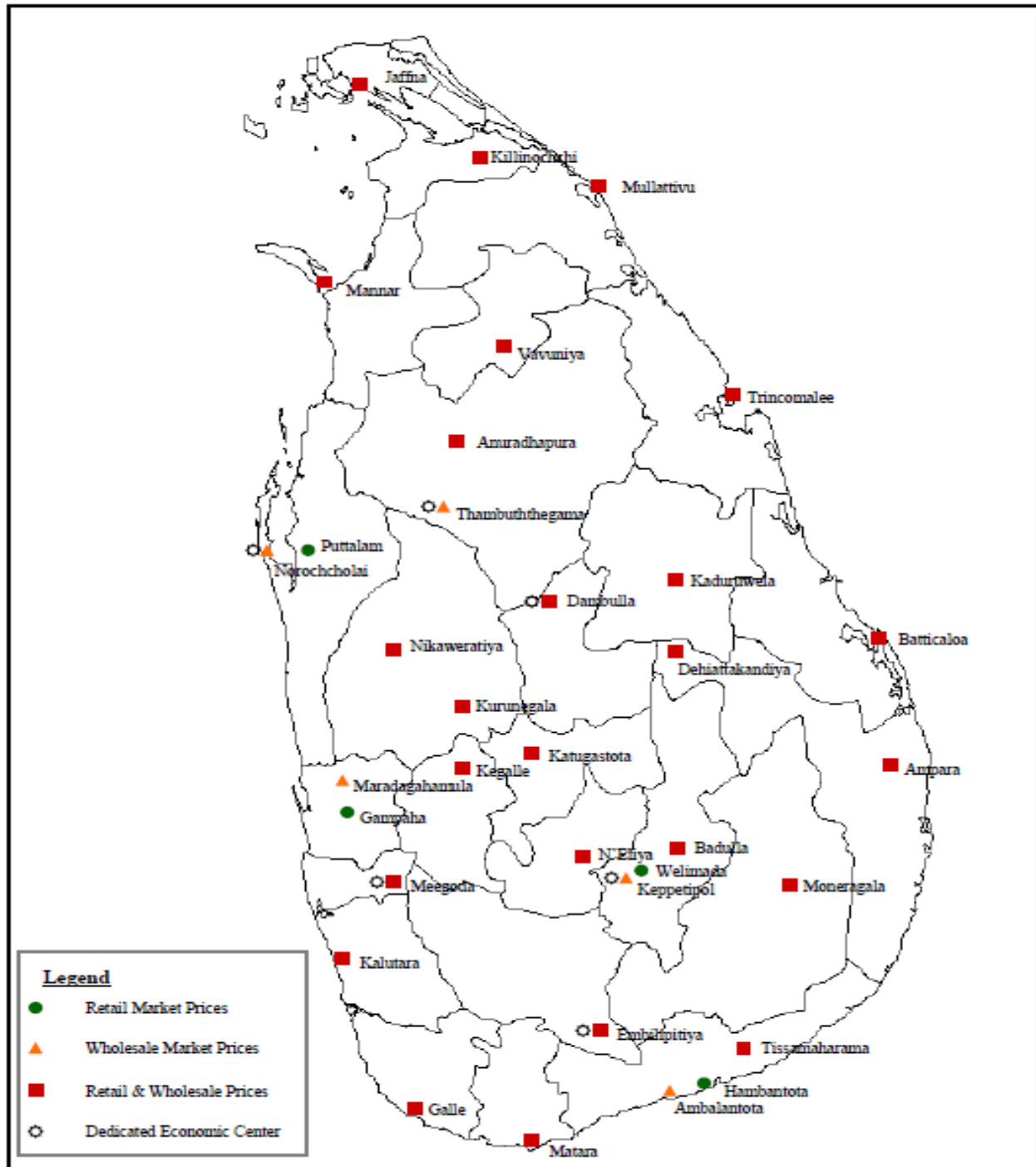
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

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